

# Kuranda PAPER

POSTAGE  
PAID  
KURANDA  
AUSTRALIA

NOVEMBER 2019

Issue 315

FREE INDEPENDENT MONTHLY COMMUNITY NEWSPAPER SINCE 1991

MASTHEAD "Hand-sewn Garden", mixed media: watercolour pencil and thread on paper, Gayle Hannah (2019)



Leah Kelly and models,  
Eco Fashion Week Australia, Fremantle WA 2018



100% pineapple fibre dress – an Australian first

## From Rainforest to Runway

LOCAL FASHION DESIGNER/MAKER **LEAH KELLY** has been invited to showcase her natural fibre couture gowns in the fashion capital of the world. While delivering an eight gown showcase for Eco Fashion Week Australia last year in Fremantle, Leah Kelly By Design was streamed internationally and the result was a personal invitation from Oxford Fashion Studio London, to showcase at Paris Fashion Week in September 2020. This is a huge honour and a great opportunity to showcase natural fibres to a global audience, being delivered from our very own backyard.

Some may know Leah Kelly for over 10 years through her stall in the Original Kuranda Market, featuring her original hemp fibre designs, as well as bamboo, silk, banana and pineapple fibres. Others might know Leah Kelly who for over two decades has been delivering beautiful original music through her involvement with two wonderful local bands, the Gudju Gudju Band and Secret Tuesdays. Amazingly both Leahs are one and the same and Leah says: "My showcase at Eco Fashion Week Australia, was choreographed to the beat of my own music, from the two bands I also play in, and this was a most emotional moment for me, seeing all aspects of my art light up on an international runway. The acknowledgement I received was quite overwhelming and inspired me to take on the challenge of raising funds to get to Paris. I funded my trip to Fremantle last year, but Paris is a whole other ask, as the costs of registration fees alone are phenomenal."

All of this creativity is made just one step more unusual because Leah lives completely off-grid.

Friends and supporters have encouraged Leah to start a crowdfunding project through Pozible, to help her further her dreams to see the promotion of sustainable fashion through greater use of natural fibres and to have the sustainability of hemp fibre recognised. Here is the link for any pledges or support our community has to offer to make the hard won dream a reality. It would be an amazing leap to take one of our own artists from the Far North Queensland rainforest to a Paris runway.

LINK TO POZIBLE FUNDRAISING PAGE: <https://www.pozible.com/project/rainforest-to-runway>

For more about Leah Kelly please revisit our October 2018 edition (online at [www.kurandapaper.com](http://www.kurandapaper.com)) and see Michelle Murray-Beckman's profile in her *View From Here* column.



Leah at work in her off-grid studio in Kuranda, Far North Queensland

## Award Winning Child's Play at Koah

**CONGRATULATIONS** to the many people who have been involved, from concept to completion, in establishing the Koah's Ark Nature Playground at the Koah Hall. Following on from the great success of the Grand Opening Day in June this year, the playground has now been recognised for excellence, being awarded The Queensland Government Nature Play Community Award 2019. This award is for communities (individuals or organisations) that have developed initiatives to increase the time kids spend in unstructured play outdoors and in nature.

Congratulations go to Award Winner Koah Sports and Social Club, and all the dreamers, planners, gardeners, builders and sponsors. Our children thank you too.



IMAGES COURTESY OF KOAH HALL





**Kuranda Media Association Inc**  
 Publisher of *The Kuranda Paper*  
 Printer: North Queensland Newspapers  
 Townsville  
 CIRCULATION: 5300 Cost: FREE  
 Address your mail as follows:  
 The Secretary, Kuranda Media Assn,  
 PO Box 66, Kuranda Q 4881.  
 Phone: (07) 4093 8942  
 mail@kurandapaper.com  
 Office: Shop 2 The Red House Arcade  
 24 Coondoo Street, Kuranda



Like us on Facebook

All contributions and advertising as per postal, office and email address details above. Conditions apply to acceptance of material. All articles submitted will be printed at the discretion of Production/Management and may be subject to editorial changes.

**The Management Committee of The Kuranda Media Association Inc. do not accept responsibility for financial, health or other claims published in *The Kuranda Paper*. Factual errors in material submitted are the responsibility of the contributor.** Please note that all submissions received by us, including photographs, are deemed to be authorised for publication by the contributor.

The Association's stated objectives are to provide means of open communication in order to provide the spirit of community involvement and reflect the ongoing aspirations of the residents of the Kuranda area.

**Note: The views expressed in *The Kuranda Paper* including letters to the editor are not necessarily held by the Management Committee of this paper.**

The **Management Committee** of the Kuranda Paper and the Kuranda Media Association Inc. is:  
 Garth Owen – President  
 Michelle Murray-Beckman – Vice-President  
 Gayle Hannah – Treasurer  
 David Gormley – Secretary.

**Paper Production:** Layout and Design Halley Design (David Gormley and Helen Douglas), Garth Owen, Gayle Hannah, Seren Starlight (Arts Page and Website maintenance), Sue McArthur and Wendy Day (Proofreading) as well as numerous valued paper folders, distributors and of course, our many literary contributors.

THE KURANDA PAPER IS ONLINE  
[www.kurandapaper.com](http://www.kurandapaper.com)

## DEADLINES

December Edition 316/2019  
**All copy to us by 10.00am  
 Thursday 21st November 2019**  
 however, we would appreciate you not waiting until the deadline to send it.

The earlier the better! Thank you.

### Paper Published

**Thursday 28th November 2019**  
 Management cannot be responsible for any copy missing deadline.

**Advertisers:** Artwork for smaller ads (sizes P, S, T, U, V, W, X, Y, Z) may be prepared at no charge. Larger or more complex ads may incur a reasonable design fee. Contact us for details. If providing your own artwork, we accept formats: PDF, EPS, TIFF or hires JPEG. Ads booked for 3 months and paid for in advance are eligible for a 10% discount; first-time 3-month advertisers for size O (quarter-page) or larger are eligible to have a text entry (advertorial) up to 200 words to accompany the first ad.

### Advertisement sizes and prices:

(MMdepth x width)	B&W	COLOUR
A 372 x 258 – full page	\$528	\$633
C 372 x 130 – ½ page	\$283	\$341
D 372 x 86 – ¼ page	\$202	\$242
H 310 x 86	\$176	\$211
I 248 x 258 – ¾ page	\$363	\$435
L 248 x 86	\$139	\$167
M 186 x 258 – ½ page	\$283	\$341
O 186 x 130 – ¼ page	\$154	\$184
P 186 x 86	\$112	\$134
Q 124 x 258 – ½ page	\$202	\$242
S 124 x 130	\$112	\$134
T 124 x 86	\$ 79	\$ 94
U 62 x 258	\$112	\$134
V 62 x 172	\$ 79	\$ 94
W 62 x 130	\$ 60	\$ 72
X 62 x 86	\$ 44	\$ 52
Y 62 x 43	\$ 24	\$ 29
Z 31 x 86	\$ 24	\$ 29

Artwork preparation by quote. (See note above.)



Please keep your letter to the point and under 250 words. All letters are subject to editing. Anonymous letters or those of doubtful origin may not be published. Correct name, street address and phone contact are to be submitted with your letter. See left for postal and email addresses.

### To Residents of Kuranda and Environs

The Festival of Small Halls is coming back to Koah Hall for the third year. This is a Woodford Folk Festival event bringing music to Regional Queensland. Blair Dunlop (from England) and Hat Fitz and Cara (Queensland) will open at the Mullum Festival in November and then tour through Queensland, ending up at the Woodford Folk Festival on 26th December. But not before playing at the Koah Hall on Wednesday 4th December at 6.30pm! A 2018 interview I found on Hat Fitz and Cara describes them as: "Festival favourites throughout Canada, America, Australia, Europe, and the UK and it has been said they pack more energy into one song than most have in an entire career". At the Wallaby Creek Festival last month, Darren Fitzpatrick (Hat Fitz) was proudly claimed as a Cooktownner. Wikipedia tells me that Blair Dunlop is a singer-songwriter, guitarist and actor (at age 13 he played the young Willy Wonka in Charlie and the Chocolate Factory) now focusing on his solo music career. Check them out on YouTube, and see them live at the Koah Hall in December! Tickets are available from [festivalofsmallhalls.com](http://festivalofsmallhalls.com) and from Kuranda Visitor Information Centre (cash only) \$25/concession \$20.

Keila Waksvik

### Kuranda Cemetery Committee Update

The Kuranda Cemetery Committee emailed the Mareeba Shire Council CEO on 16 July as a response to their announcement in February that Council planned to close the current Kuranda Cemetery and establish a new cemetery on a plot of land opposite the Koah Servo. The committee requested all reports which led Council to make this decision. The committee also requested Council meet with members of the committee and commit to consultation with the wider community before any final decisions. There has been no response from Council. Nothing. Zip!

We have now made a second request for answers and consultation. We think it is improper that Council has ignored our community's concerns. We have asked that Council consider extending the existing cemetery, as they agreed 20 years ago, and as they can still do. We are only asking to bury our dead with respect and in our way – as we have done for over a century. We ask to inter families of loved ones on the same sacred land – husband and wife, mother and child. It doesn't seem too much to ask.

Kuranda Cemetery is due so much more respect and forethought. Our place is not only a final resting place for those who have created this town, it provides a place of solace for those in mourning and it also gives insight and connection to the past.

Another update from this Committee will appear in next month's *Kuranda Paper*. We hope for a response by Council by then.

Mark Freeman,  
 Convener

### Remembrance Day

Australians are justifiably proud of our Australian Defence Force current serving members and our veterans.

On 11th November at 11.00am, this and every year, I encourage all Australians to pause for a minute's silence and remember all those who have suffered and died in wars, conflicts and peacekeeping operations.

Every year we mark Remembrance Day because it was at this time and date in 1918 that the guns fell silent on the Western Front, officially ending the First World War.

Originally known as Armistice Day, this day reminds us to pause and remember those who served in the 'war to end all wars' and every conflict and peacekeeping mission since.

We especially honour the more than 102,000 Australians who have made the ultimate sacrifice for our country and the freedoms we enjoy today.

Remembrance Day is commemorated in towns, cities and local communities across Australia and overseas and I encourage everyone to attend a service and wear a red poppy in memory of our servicemen and women. Thank you for your service.

Lest we forget.

Darren Chester

Minister for Veterans and Defence Personnel

### Recycleables Gratefully Received

Since the publication of the article in last month's *Kuranda Paper* regarding the ability for Kuranda District residents to donate their recycle-able containers to help fund the activities of COUCH (Cairns Organisation United for Cancer Health) through the Kuranda Recreation Centre, there have been two collections of items from the Rec Centre raising an additional \$435.20 for this charity.

Since November 2018 the total amount raised for COUCH through the Rec Centre recycling is \$2,321.00.

Those who give freely of their time and labour to support this community initiative are very grateful. Please continue to support this great cause.



Name Withheld,  
 Kuranda

### Traffic Lights Necessary?

The State Government has announced upgrades to the Kennedy Highway, and these were outlined on page 7 of *The Kuranda Paper* last month.

These include "...upgrades to priority sections where there is a history of crashes and near misses. This includes the installation of traffic lights at the Fallon/Warril Drive intersection on the Kennedy Highway."

We have lived in the general area around Warril Drive for over 10 years, and know of one unfortunate fatal accident in 2015. There have been a few 'near misses' as mentioned, but in general we have found the intersection safe enough without the rather expensive installation of a multi-light system: ie, straight west towards Mareeba, straight east towards Kuranda, left or right turn into Fallon Road (which currently has turning lanes), left or right turn into Warril Drive (which currently has turning lanes).

Do we really need two sets of lights within a couple of hundred metres?

Surely there are more urgent and important sites where the government could spend money on the Kennedy Highway – particularly the Kuranda Range Road.

David Gormley

# THE KURANDA PAPER

If you would like to have your say on the management of the paper, you are welcome to join the Kuranda Media Association for \$5 per annum. Contact details top left of this page.

## ANNUAL GENERAL MEETING

of The Kuranda Media Association Inc.  
 (publishers of *The Kuranda Paper*)  
 will be held on

**Monday 2nd December**

at 10.00am in

**The Kuranda Paper Office**  
 Red House Arcade

Shop 2, 24 Coondoo Street, Kuranda 4881



**2019 Annual General Meeting**  
**Monday 18th November 6.00pm**  
 6 Rob Veivers Drive, Kuranda

Refreshments will be provided.

Strictly RSVP by 11th November on 4093 8933

Nomination Forms/Proxy Forms/Membership Renewal Forms are available from the Centre. Nominations must be received 14 days prior to the meeting.

Voters may only represent one additional proxy vote

Kuranda Neighbourhood Centre is funded by the Queensland Department of Communities, Seniors and Disability Services and Queensland Department of Child Safety, Youth and Women



# Council Voted for the Subdivision of Myola Valley

*We are not giving up!*



PHOTOGRAPH BY STEVEN NOWAKOWSKI PANOSCAPES

## Wednesday 23rd October was a sad day for Myola Valley, its wildlife and threatened species.

Mareeba Shire Council approved the Reeve & Ocean application for a subdivision of 48 blocks.

We all know this is the start of further subdivisions totalling 232 blocks. The end game for Ken Lee and the consultants he surrounds himself with is to carve as many blocks as he can from our precious valley.

We would like to congratulate Councillors Nipper Brown and Kevin Davies who voted against the Development Application.

The Kur-Alert group is gathering energy for the next phase which is to exhaust legal avenues to Appeal this decision, most likely as a Declaration Order. This means an independent umpire looks at the case to find faults with the process.

This is a tricky case because it is a Development Application based on an old superseded planning scheme and has passed through Council as Code Assessable. This means there was no ability for public comment or submissions and no Appeal Rights to the public. Therefore, more than ever we need funds to pursue our legal options and take action.

Our fundraising campaign is quickly closing so please donate here:-  
<https://chuffed.org/project/fight-for-myola-valley>

We will not give up. Thank you for your support and encouragement thus far. Let's save Myola together!

**Steven Nowakowski**  
*on behalf of the Kuranda-Alert Inc. Team*



Mareeba  
SHIRE COUNCIL

## A Time for Renewal

**AFTER 37 YEARS IN THE POLITICAL SPOTLIGHT**, Mareeba Shire Mayor Tom Gilmore will retire from public life at the next Local Government election.

Councillor Gilmore made the announcement at 23rd October Council meeting after tabling the 2018/19 Mareeba Shire Council Annual Report, which he said was to be his last, that he will not seek re-election in the coming March 2020 Local Government election.

"What a privilege it has been to have had the opportunity to serve my community in various ways since first elected to the Council in 1982. Since that time, I have had the wonderful experience of filling the roles of Councillor and Mayor for almost twenty years, and I have enjoyed every minute of it," Cr Gilmore said.

"However, there comes a time for renewal, and Sally and I have decided that this is the time for me to step aside and to make way for others to take over.

"New minds bring renewed vigour and new ideas to build on the sound foundations now firmly in place for a growing, confident and sustainable Shire," he said.

Councillor Gilmore was elected to the Mareeba Shire Council in March of 1982 and served as a Councillor until May of 1987 after being elected to the Queensland Parliament as Member for Tablelands in 1986. He then returned to Local Government as a Councillor of Mareeba Shire in 2000.

"Local Government has changed dramatically since 1982, and the role of a Councillor is a complex and sophisticated one, having evolved over time and much for the better," Cr Gilmore said.



*Councillor Tom Gilmore and his wife Sally  
 Photo supplied by MSC*

"It has been an interesting time and I hope that in some way I have been part of a team which has made a difference in the betterment of the Shire and community at large."

Councillor Gilmore leaves a legacy for the Shire, of sound financial reserves and critical infrastructure projects which have created a solid foundation for the future of a growing community.

The Shire's town beautification scheme, financial sustainability, the completion of upgrade of the Mareeba Waste Water Treatment Plant and the Mareeba Airport Upgrade project are just some of the myriad of projects and advances of which Councillor Gilmore is most proud.

"Mareeba Shire right now is in a sound financial position and this is a testament to the Councillors and staff who had to make some tough decisions early on following de-amalgamation, to ensure sustainability and continued service delivery for the community," Cr Gilmore said.

Figures suggest that the Shire is growing at an annual growth rate of 1.4%, the highest in the region and Councillor Gilmore said there is always more that needs to be done.

"As the Shire grows there will be demand for more water, road access and services. These will be things for others to work their way through," Cr Gilmore said.

"I am proud of the position the Shire is in and I think now is the time for someone else to take my place as Mayor.

"Thank you for the opportunity and privilege to serve this wonderful community.

"Lastly, I pay tribute to my wife Sally and my daughters Elisa and Catherine who have been part of the journey from the beginning. Without their unwavering support none of this would – or could have happened," Cr Gilmore concluded.

**THE AUSTRALIAN BUSH STORE**  
 17 THERWINE ST  
 KURANDA  
 PH 4093 8850  
 OPEN 930 TILL 400

**Christmas Presents Anyone?**

**Pretty Pinks – Lovely Linens**

10.15AM TO 3.45PM EVERY DAY

*Just Gorgeous*

16 COONDOO ST. KURANDA PH: 4093 7508  
[www.justgorgeous.net.au](http://www.justgorgeous.net.au)



# A Life Well Lived: Leo Vandersar

14th July 1927– 6th October 2019 (92 years)



Our beloved father, grandfather, and great-grandfather Leo was born in Batavia (now Jakarta), Java, Dutch East Indies in 1927. He lived there through WWII, and after the independence of Indonesia, his Dutch-Indonesian heritage led him to migrate to Holland in 1954, with his wife Ilse and baby daughter Irene. Although he was always committed to working hard and willing to take any job to provide for his family, life in Holland was difficult (and cold!), so he sought a better life for his growing family (daughter Peggy having now arrived) by migrating to the USA in 1959. Always doing his best to look after his family, he had a variety of jobs in Cleveland, Ohio and then Los Angeles, California (where son Paul was born), before completing further studies to qualify as an aircraft mechanic.

When our family migrated to Sydney in 1969 he was immediately employed by Qantas, carrying out maintenance on their airliner fleet as well as leading a crew dedicated

to servicing the RAAF's C130 aircraft (noted for their pivotal role in disaster relief and humanitarian activities throughout Australia, South East Asia and the Pacific region). He continued working in the aviation industry until 1984, when he and mum moved to Kuranda to be near his children and grandchildren. It was here that Leo built a home on Seven Springs, Masons Road, a home he very much enjoyed living in until the day he died. After his wife passed away in 2003, Leo was fortunate to reconnect with a former sweetheart he had known in Indonesia more than 50 years ago, Frances. She and Leo were married in Kuranda in 2004, and have enjoyed many happy years together since.

Leo stayed active and busy all his life: always interested in and supportive of his family and many friends, involved for many years with St Christopher's Catholic Church in Kuranda, and the Dutch-Indonesian club 'Bambu', through which he actively maintained contact with childhood acquaintances the world over, sharing and writing about their experiences of a bygone era. Leo was a real frequent flyer who enjoyed regular overseas travel right up until last year, when he and Frances took a trip to the US to spend time with his sisters, Lily and Loekie. Although the years took their toll on him physically, he remained alert and highly sociable – his joke telling is legendary, as is the twinkle in his eye as he told them, and he loved to keep abreast of current affairs worldwide.

Leo has left our family a beautiful legacy of living a life of gratitude, love and service to others, and enjoyment of good whisky, good food and good company! A truly good man, he will be loved forever and greatly missed by his wife, his sisters, his three children, his ten grandchildren, eleven great-grandchildren, and all who were fortunate to know him.

Photos and tribute courtesy of Leo's family.



With our first AGM scheduled for 17th November, it is time to look back on our first year (and a bit). They say that if you are building a house the hardest part is actually getting out of the ground. And so it is for fledgling community groups who must tackle quite significant costs to meet modern day regulations. These include insurance, incorporation fees etc which can be a real challenge when you are just starting to recruit members. We have been very grateful for the personal donation from a Kuranda resident to cover our first year of insurance which has allowed us to have the use of the old Visitors' Information Centre space in Centenary Park (soon to become the Kuranda History Hive) through an agreement with Mareeba Shire Council. We have now had to find another year's worth of insurance to extend our use of the space forward another twelve months, and for financial support to achieve this we are incredibly indebted to the Kuranda Media Association.

We have also encountered a number of challenges as we seek to set up a collections area and digital processing system. Of first priority is the safe and secure storage of historical items uniquely related to the Kuranda region. These might include such fragile items as photographs, paper records, textiles and artworks etc. We are currently waiting to hear if we have been successful in obtaining a grant to construct permanent security measures, and Council is assisting us with design and technical specifications.

Also reliant on successful grant applications is a Strategic Planning exercise we hope to undertake in early 2020, which will involve as wide as possible community consultation. The purpose of this exercise is to provide focus and expert guidance to develop a Strategic Plan, a Collections Policy, Cultural Protocols, Collection management System, Displays Policy etc. We hope to know by the end of year if we have been successful; we have two separate grants hoping to cover all costs. Just how successful we are will determine the final form this exercise will take. But our first year has shown us that getting the organisation right from the beginning is a must, and as they say...where there is a will there is a way.

They also say many hands make light work and going into our second year we hope to open up more avenues for member and community involvement and initiatives.

Anyone wishing to become a member can obtain a membership form by emailing KHS at [kurandahistory@gmail.com](mailto:kurandahistory@gmail.com).

We are also indebted to *The Kuranda Paper* (the Kuranda Media Association) for providing the space for us to communicate with readers, and for continuing to tell the everyday stories from which history grows.

## NOTICE OF MEMORIAL SERVICE

### Leo Vandersar

Leo VANDERSAR, passed away peacefully at home in Kuranda on 6th October 2019, aged 92 years

Beloved husband of Frances, and previously Ilse (dec.), adored and devoted father of Irene, Peggy and their families, including as much loved Opa of 10 grandchildren and 11 great-grandchildren. Loving brother of Ron (dec.), Lily (in USA) and Loekie (in Holland). Friend to many around the world.

All family and friends of Leo are invited to attend his memorial service at 3.00pm on Saturday 16th November 2019, at St Christopher's Catholic Church, Barang Street, Kuranda

## Kuranda Historical Society

KHS Members are advised that  
**FIRST ANNUAL GENERAL MEETING**

will be held at  
**THE HISTORY HIVE**  
(The OLD Visitors Information Centre space)

Centenary Park, Kuranda  
**4.00pm Sunday 17th November 2019**  
All queries to [kurandahistory@gmail.com](mailto:kurandahistory@gmail.com)



### Everything Electrical

Installation, Maintenance and Repairs.

Fully accredited, licensed and insured for Electrical, Solar and Batteries. Solar gates, cable locating, thermal imaging, data logging we do it all.

☎ : 07 4242 4646  
✉ : [elec@summitsolar.com.au](mailto:elec@summitsolar.com.au)  
🌐 : [summitsolar.com.au](http://summitsolar.com.au)  
📘 : [facebook.com/summitsolarelectrical](https://www.facebook.com/summitsolarelectrical)

ABN: 19547483457 lic 81944  
CEC accreditation number: A8873928



## DISCOUNT DRUG STORES

more than just low prices

[www.discountdrugstores.com.au](http://www.discountdrugstores.com.au)

### Kuranda Discount Drug Store

16 Thongon Street, Kuranda, QLD, 4881

Phone: (07) 4093 7480

#### OPENING HOURS:

Monday - Friday 8.30am - 5.30pm  
Saturday 8.30am - 3.00pm  
Sunday Closed  
Public Holidays 10.00am - 2.00pm

#### OUR SERVICES INCLUDE:

Professional Health Clinics  
NDSS Access Point  
Medication Management Program  
Medication Packing (Easy Meds)  
In Store & Home Medication Reviews  
Blood Pressure Monitoring



# Cyclone Season 2019/2010

November 1st marks the official beginning of the Cyclone season and it is worthwhile taking a look at the advice available on the web and in print regarding what we should be thinking about while the risk remains. Following is an extract from the Bureau of Meteorology website regarding just what the risk is this season:

## Fewer cyclones than average are likely for Australia this season

### Outlook by Region

Fewer than average tropical cyclones are likely in the Australian region and all sub-regions for 2019–20.

The Australian region has a 35% chance of more tropical cyclones than average, meaning a 65% chance of fewer tropical cyclones than average. Typically, around four tropical cyclones cross the Australian coast in a season. Outlook accuracy for the Australian region is high.

The Eastern region, which includes Kuranda, shows a below-average season is most likely, with a 43% chance of more tropical cyclones than average and a 57% chance of fewer. About a quarter of tropical cyclones in the Eastern region make landfall. Outlook accuracy for this region is low.

Tropical lows that do not intensify into cyclones, or lows that are the remnants of older cyclones, can still cause widespread rainfall and dangerous flooding. These impacts can extend beyond the tropics into southern areas of the country.

Tropical cyclones that stay well out to sea can still cause damaging winds, large and dangerous waves, and storm surges along the coast.

### Emergency Agencies Recommend Having a Kit Ready with Items that Will Help You Survive and Recover from a Disaster

You should keep your kit in a handy location, in a container or bag that's big enough to add extra items when you're responding to a specific disaster.

Some basic items to include:

- Battery-powered, wind-up or solar-powered radio
- Waterproof torch
- Spare batteries for all devices
- First aid kit and guide book
- Toiletries including soap, handwash gels, alcohol wipes, toilet paper, tissues, toothpaste and sanitary items
- Cash and a phone card
- Woollen blankets
- Candles with waterproof matches or glow sticks
- Drinking water (consider having 10 litres per person to last three days)
- Dried and long-life food to last three days, include a can opener and utensils
- Waterproof bags for valuable items and documents
- Copies of essential documents such as prescriptions and insurance details or a USB stick with scanned copies
- Your written bushfire, cyclone, flood or emergency survival plan, including contact numbers of family or neighbours
- Items of protective clothing suitable for likely emergencies in your area such as long-sleeved natural-fibre shirts for bushfire areas, protective footwear or rubber boots in flood areas.

#### If you need to relocate, include:

- Prescription medications
- Toiletries and a change of clothes
- Mobile phone charger
- ATM cards and credit cards
- Important documents or valuables including passports, wills, photos, jewellery, insurance papers or mementoes

#### Don't forget people with special needs in your family:

- Mobility aids
- Nappies and supplies for infants
- Encourage children to pack their favourite toy, colouring books, pens and pencils, cards or board games
- Items to keep your pets comfortable including a leash, basket, travelling cage and a familiar toy.



### Before a Cyclone

#### Well before: Prepare your home:

- Ask your local council if your home is built to cyclone standards.
- Are you adequately insured? Make sure it covers you for storm surge, flooding and cyclone damage, including clean-up and debris removal.
- Check your roof and repair any loose tiles, eaves or roof screws.
- Ensure windows are fitted with shutters or metal screens.
- Trim any branches hanging over your house and clear gutters of leaves and debris.
- Make sure your household is familiar with the Standard Emergency Warning Signal (SEWS), which is generally broadcast when a cyclone is 12 hours or less away.
- Decide how you will look after your pets and what you will do if you have to leave them behind.

#### If you hear either a watch or a warning, you should:

- Stay tuned to your local ABC station on a battery-powered radio and check the ABC Emergency Twitter and Facebook pages regularly for instructions and updates on the cyclone.
- Familiarise yourself with some of the facts behind tropical cyclones through the Bureau of Meteorology.
- Check that your emergency survival kit is complete and have it on hand.
- Let neighbours know a cyclone watch/warning has been issued.
- Clear your property of all loose items and bring outdoor furniture, children's toys and gardening equipment inside or under cover.
- Secure boats. Move vehicles/bicycles under cover.
- Fill buckets and bath with water (in case your water supply gets cut off). Make sure you have enough water purification tablets.
- If your windows are fitted with shutters, make sure they are closed securely. If not, tape your windows in a criss-crossing fashion using strong packing tape (this will hold broken glass in place).
- Bring children and pets indoors and remain inside until told otherwise.
- Let friends and family know where you are.

### During a Cyclone

#### If you shelter at home:

- Turn off all electricity, gas and water; unplug all appliances.
- Keep your emergency kit close at hand.
- Bring your family into the strongest part of the house.
- Keep listening to the radio for cyclone updates.
- If the building begins to break up, shelter under a strong table, bench or heavy mattress.
- Beware the calm eye of the cyclone: stay inside until told it is safe to go outside.
- Comfort children.

#### When an official evacuation order is issued:

- Act immediately. You and your family should follow directions; seek a public shelter or stay with friends/family further inland or on higher ground.
- Check with your neighbours that they have received the updated information.
- Turn off all electricity, gas and water; unplug all appliances.
- Lock your doors.
- Make sure everyone in your household is wearing strong shoes and suitable clothing.
- Take your emergency survival kit; commence your evacuation plan.
- Visiting from out of town? The local council or emergency agency will let you know your best options for evacuation.
- If you cannot take your pets with you, make sure they are in a safe place (garage, laundry, etc). Leave them with food and water. Do not tie them up.
- Comfort children.
- If you are driving when a cyclone hits, immediately park in an area that is clear of trees, powerlines and water courses. Stay inside your car.
- Stay calm. Keep listening to your ABC Local Radio station listen online or via the ABC Radio app, and/or check ABC Emergency's Twitter and Facebook accounts for updates and instructions.
- If safe to do so, contact your ABC Local Radio station to tell the listeners what you can see. First-hand and reliable knowledge about what's going on will help the rest of the community. Keep our phone number handy.

### After a Cyclone

- The time immediately after a cyclone is often just as dangerous as the initial event itself.
- Deaths and injuries often happen when people go exploring and sightseeing.

#### Once the cyclone has passed:

- Listen to your radio and remain indoors until an official all clear has been given by the authorities.
- If you are told to return to your home, do so using the recommended routes only.
- Do not go sightseeing.
- Check on your neighbours, family and friends.
- Get electrical appliances which have been wet-checked before using them.
- Boil or purify your water until supplies are declared safe.
- Stay away from damaged powerlines, fallen trees and flood water.
- If your home has become uninhabitable, contact your local council and ask where you can get help.

In case you become separated from loved ones during an emergency, the Red Cross manages Register.Find.Reunite, a national registration and enquiry service. When the service is activated, people can register at [www.redcross.org.au](http://www.redcross.org.au) or in person at an evacuation or relief centre.

You can also use the website if you are unable to contact a loved one who may have been affected.

Stay tuned to your ABC Radio station, listen online or via the ABC Radio app, and/or check ABC Emergency's Twitter and Facebook accounts for updates and instructions.



# “The view from here”

A monthly column by Michelle Murray-Beckman offering a glimpse into Kuranda’s bespoke rainforest architecture along with interviews with residents who share with us why they have chosen to call Kuranda home.

## Ann Harth

We all know that the rainforest is a humming, productive natural environment that fosters the growth of and provides sustainability for a vast range of flora and fauna.

This environment works equally well for creatives and Kuranda has attracted many such souls. Recently, I have been speaking with writers and this month we meet Ann Harth – award winning author, writing mentor, structural editor, and manuscript assessor.

Ann has been a Kuranda district resident since 1987 when she and her husband Chris chose to settle on eight acres in Speewah. They found the land through friends whose horses were being agisted there and after making the climb up to the top of the horse paddock they fell in love with the aspect and the view.

I make my way up a steep track to the timber house that Ann and Chris designed and built together whilst Ann was pregnant with their daughter Becky. The house took a year to build and Ann proudly says that “every nail hammered, every saw cut” was made by them.

Arriving at the back of the house, I park my car and I am greeted warmly by Ann. Arriving this way allows for the surprise of coming around to the front of the house and discovering an expansive view to the south west towards Speewah Road where today the smoke trail of a fire lingers, fortunately without wind to fan it.

We settle on the verandah at a beautiful timber dining table made by Chris where we overlook the garden, the view and Ann’s studio and we begin our discussion. The living room behind me is warm and inviting with book lined shelves, just as you would imagine.

Ann excitedly tells me that she has just received the cover art for her soon to be published children’s book “Bernice Takes A Plunge”. The cover art is charming and I immediately feel that I have a sense of who Bernice is. Ann explains that this book is the first in a series of “Bernice” books written for children between 8 and 12 years.

As a novice writer myself I am interested in the process of writing and Ann is very generous in sharing her process and other useful information about the craft. Ann tells me that she has always written. She loves Bernice as a character and first wrote about her 25 years ago. At that time Ann was at the beginning of her writing career and she “sent her out” to publishers for feedback. The feedback was encouraging but she “put her away” as she undertook writing courses, learnt about reading levels and how to write for children.

Ann’s CV is impressive. Ann graduated with an Arts degree majoring in psychology in New York state which no doubt informs her understanding of her audience, no matter the age that she is writing for. It also makes her a very good listener and observer.

After undertaking her own studies of the writing craft, she started her career as a freelance copy editor and went on to teach writing at the Australian College of Journalism which is part of the Open University scheme. In this role she taught courses in Professional Children’s Writing, Bestseller, Non-fiction, Short story, Romance and Crime.

She now offers her services as a manuscript assessor and structural editor as well as a writing mentor. In addition to this, she has also been a presenter and panellist at our own Cairns Tropical Writers Festival.

Her list of publishing credits is too long for this column and her writing awards demonstrate her skill and competency as a successful writer.

I must confess to feeling daunted by the task of writing about such an accomplished writing professional, and we talk



about this at our second meeting. This leads us to discuss one’s ‘voice’.

If you visit Ann’s website there is a page of writing tips. The tips cover among other things, the four ingredients to writing a story, creating consistent characters, plot development and finding your ‘voice’ as a writer. In a nutshell, Ann offers three tips for finding your own voice – be yourself, write as you speak and speak to your audience. In my short time writing for *The Kuranda Paper* I can confidently say that I am myself, I write as I speak and I like to think that I speak to my audience. Let’s hope I am on track.

Ann works from home in the converted stable which serves as her writing studio (and cyclone shelter). She gets up early and begins her workday with a half an hour of free writing – stream of consciousness writing which she says sets her foundation. By doing this she says that ‘you know what you think for the day’ and we both agree that if you pick up your phone or your tablet it’s very easy to fall down the rabbit hole of the internet and have someone else set your mood. She will then spend 6-9 hours working on her current projects, of which there are currently five.

These projects include the edit of an historical novel, a commission to write ten choose your own adventure stories: the complexity of these requires a whiteboard and diagrams of mathematical proportions, ghost writing for a client, a young adult dystopian novel and a pro-bono children’s picture book for the Rise Slum Community education project in Faridabad, New Delhi, India.

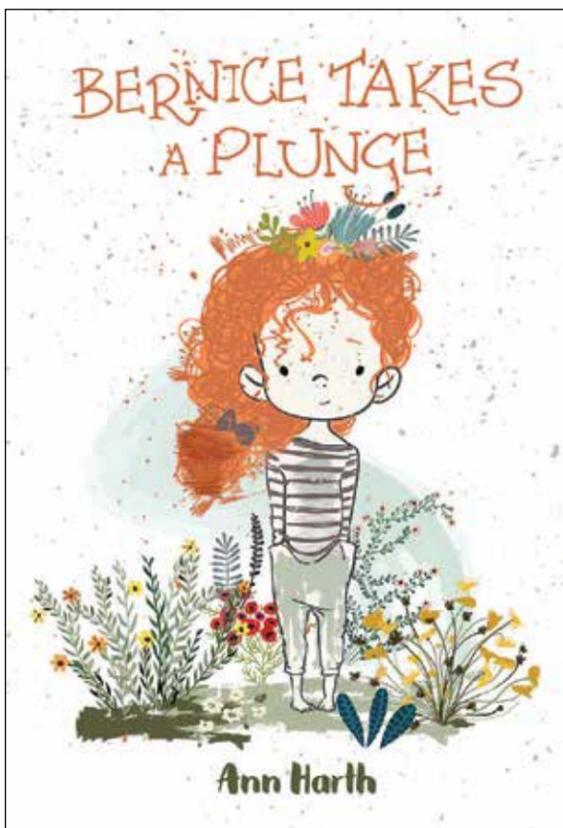
The report of the Committee on Slum Statistics & Program Implementation 2010 published that 46% of the population in Faridabad lives in slums or unauthorised areas. The slums are home to over 1.7 million people who struggle to access basic needs such as shelter, nutrition, clean water, income, medical care, sanitation and education. Women face gender-based and societal discrimination which leads to lower literacy rates and lack of employment opportunities that further restrict their ability to improve their life situation.

Ann has made connections with an ethical charity, Rise The Community, which provides education and employment opportunities to empower the women and children of the Faridabad slums. Founded by Frances Allan and local doctor Vishy Bandhu in 2010, Saving Children in Poverty (SCIP) is a non-profit organisation and part of Rise the Community. It was designed to provide the much-needed educational, medical, and community support services for school-age children who live in the Sector 4 neighbourhood of the Faridabad slums. Since the school was established, it has now expanded to include a clinic, women’s empowerment group and a SCIP kitchen.

One characteristic of Ann that emerges from our discussions is her conscious intention to make a difference to people’s lives through her writing and her mentorship. She tells me that she is passionate about facilitating people to tell their stories, that we all have stories. She believes that it is important that people have a voice. By sharing stories, we connect through emotion and this provides a common ground which equalises all of us, bringing us together despite our individual experience. And really, isn’t that what community is all about.

Here’s to sharing stories and making connections that bring us all together.

For more information about Ann’s new book “Bernice Takes A Plunge” head to her website [www.annharth.com](http://www.annharth.com).



Images courtesy of Ann Harth and Odyssey Books

**BCB BOBCAT**

- Sand Fills • Site Cleanups
- Landscape Work
- General Excavation
- Post Hole Borer 300/450/600mm

Call Tony  
**0432 773 351**  
SERVICING KURANDA AND DISTRICT

**We are a local**

**“Queensland Health Approved Products”**

**TERMITE SPECIALIST**

**MAXIMUM PEST MANAGEMENT**

Max & Jodie Turner  
MOB: 0418 150 759

PH: 4092 1999  
E: [maximumpestman@hotmail.com](mailto:maximumpestman@hotmail.com)  
W: [www.maxpestman.com](http://www.maxpestman.com)



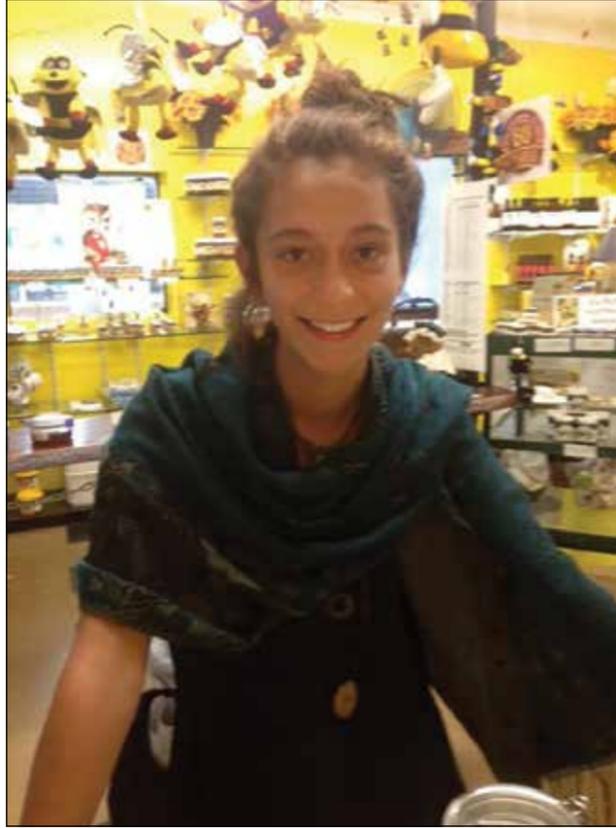


# Celebrating 60 Years in 2019

**THE HONEY HOUSE** has been in continuous operation for 60 years. We estimate around 400 people have been employed by the business over those years. Many Kuranda-ites remember Honey House as their first employer, giving young people the chance to gain working skills in their local environs. Here are some current Kuranda locals who proudly worked here in the past. Thank you to all past employees that helped to keep this business going.



Nova – started at Honey House aged 14



Sidra – first job at Honey House aged 13



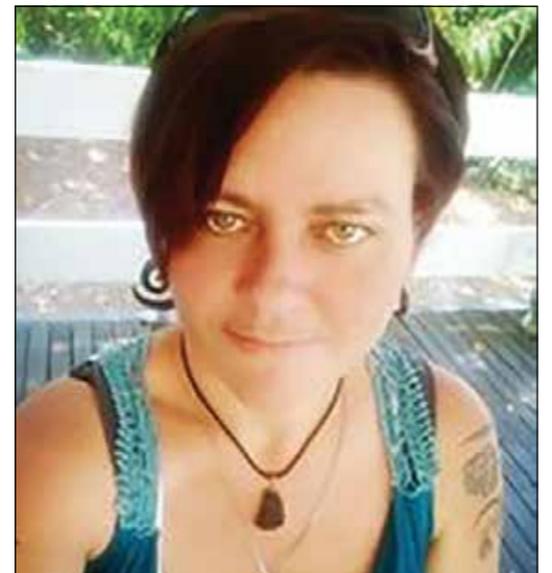
Sue – worked at Honey House c 2002/3



Trish, Ren and Chris c 2007



Shelley and Jan – the A Team in the '90s/2000s



Lotus – first job at Honey House

**THE ESSENTIALS**

Proudly supporting local Aussie companies.

**GRAND OPENING**  
**Thursday November 21st**  
**10am-2pm**  
 Join us for free giveaways, prizes, Face Painting  
 Triple M live recording  
 1/24 Coondoo St Kuranda

Case 590 Super M Series 3  
 With 900, 600, 450, 300 and Mud Bucket

- Land Clearing
- Rock Walls
- House Pads
- Trenching
- Ponds & Dams
- 24/7 Emergency Call Outs
- Site Waste Removal
- Chain Saw
- Quick Hitch Tilt on Application

**KURANDA BACKHOE HIRE**

Owner/Operator **Jeff Kapteyn**  
 ph. 0427 530 253  
 16 Years Experience

**KTTH**

**KURANDA TILT TRAY HIRE**

- Containers
- Vehicles
- Machinery
- Building Materials
- Steel
- Anything

**George**  
**0407 657 848**  
*Your local bloke!*



# FRIENDS OF THE FARMERS EVENT NOVEMBER 2019

## Turning the Tide through Regenerative Agriculture

Most of us have noticed some changes in our weather patterns, and probably heard people saying there are likely many more to come. Can we imagine what these changes are doing to the hard-working people who are growing our food?

The Friends of the Farmers event was started in Koah in 2016, as a result of asking 'What else is possible?' with the current methods of agriculture requiring more and more 'inputs', leaving the soils and waters, and also the farmer's themselves suffering the consequences. In our unique area of the world, the run-off into our rivers ends up on the Great Barrier Reef, which is also struggling.

Friends of the Farmers connects our community to the people who grow our food, and connects our food-growers with people who teach and apply regenerative agriculture practices, and connects us all to the importance of clean water, healthy living soils, and resilient communities, into the future.

All of us eat food, right? We are very lucky to be in one of the best food-growing areas in the country, and have access to our local farmers produce through local co-operatives and markets, farmgate shops, fresh-local-food road-side-stalls, and face-to-face contact with our local growers. Supporting our local food-growers and farmers helps keep our prosperity in our local community.

During the many excellent talks that have been given at Friends of the Farmers, we have heard of the various struggles of farming families, with prices being pushed down, 'agents' not holding up their part of agreements, leaving the farmer with less after harvest than it cost them to put the plants in the ground, let alone all the care and maintenance over the weeks, months or years of various crops. Some farmers have part time jobs to fund the costs of their farms, and many have struggled with mental health issues with all the pressures of the modern 'capital push-marketing machine'.

Many speakers have shared their experiential knowledge about regenerative agriculture practices, including biodynamics, syntropic agriculture, abriculture, biofert, and liquid biofert made on-farm from farm-excess, biochar, permaculture design, and steam-weeding to avoid chemical sprays, protecting and nurturing environments for our pollinators, etc.

One of the farms we visit is Petals in Syntropy, intergenerational family farm, at Tolga, which, over less than three years, has transformed an over-farmed, over-grazed salt-plain paddock, into a startlingly abundant, thriving biosphere, which has not been watered for around 18 months, including through the drought last year when many people were digging bores deeper to access water for their households and farms. The syntropic system stayed noticeably green and cooler, with good moisture content in the soil, due to the scientific nature of its planning and planting. The Syntropic Agriculture method has the potential to turn the tide of monoculture and scarcity-consciousness to one of multi-faceted abundance, while also bringing soils and underground water-systems back to health. Videos of the farm can be seen on Kuranda TV youtube channel in the 'friends of the farmers' or 'syntropic agriculture' playlists. Also watch 'Life in Syntropy' on vimeo, with founder Ernst Gotsch.

This year we will be doing a farm tour, visiting some local farmers who will share with us what they are doing to address the myriad issues they have discovered over the many years of their valuable experience, and also some newer food-growers sharing their inspirations and aspirations as they step into the world of growing environmentally conscious wholesome nourishing organic food.

Please email [friendsofthefarmers@kurandaregion.org](mailto:friendsofthefarmers@kurandaregion.org) for more details.



In the hand on the right is the blow-away salty dust, which was the soil six months ago. In the hand on the left is the same soil after six months of the syntropic process. The system on the left has had multiple crop harvests weekly and has not been watered for 18 months.



## FIND BALANCE AND HEALTH IN MIND, BODY, AND SPIRIT

Nestled in the lush tropical surroundings of beautiful Kuranda you'll find our clinic with Jaunita May Naturopath and Kathleen O'Keeffe Emmett Technique and Energy Healer. Both practitioners are stand alone or are able to collaborate to help you reach your health goals - mind, body, and spirit.



**Jaunita May**  
0423 866 959  
[jaunita.may@gmail.com](mailto:jaunita.may@gmail.com)  
[yourfamilynaturopath.com.au](http://yourfamilynaturopath.com.au)

- Nutrition, Herbal Medicine, Homoeopathy, Iridology, Meditation and Flower Essences
- Far Infrared Sauna & Magnesium Spa - stimulates your metabolism and aids in muscle relaxation



**Kathleen O'Keeffe**  
0400 272 307  
[kathleenokeeffe@bigpond.com](mailto:kathleenokeeffe@bigpond.com)  
[kathleenokeeffe.com](http://kathleenokeeffe.com)

- Emmett Technique a muscle release technique for pain, relaxation & balance.
- Energy Healing (includes Crystal Healing, Reiki, Australian Bush Flower Essences and Essential Oils)



**YOUR FAMILY NATUROPATH & WELLNESS CLINIC**  
383 Myola Road, Kuranda



## Out of School Hours Care (OSHC) Coordinator/Educator

Exciting opportunity to help establish a new OSHC program in 2020

Permanent Part-time/Full-time (neg.)  
Parents and Citizens Associations Award  
Level 5

Kuranda OSHC is currently under application for establishment by Kuranda District State College P&C Association. The program will provide high quality care and support to a maximum of 20 children from Prep to Year 6 enrolled at Kuranda District State College and the surrounding community through before and after school care as well as vacation care.

### You will be responsible for:

- Ensuring the service and program work within the National Quality Framework.
- Complying with standards of the Quality Improvement Plan and other requirements relating to the service's compliance and reporting, and participating and contributing to the ongoing evaluation and quality improvement of the program.
- Looking after the emotional and physical needs of all children in attendance, making sure children are safe and secure, and meeting their individual needs at all times.
- Understanding of Student Protection mandatory reporting requirements.
- Performing specific tasks including, but not limited to, supervision of children, running of activities, cleaning, food preparation.
- Providing a welcoming and professional environment for families and team members through the provision of consistently high-quality customer service.
- Providing regular communication of the service user's feedback and information to the KDSC P&C Committee.
- Working with the KDSC P&C Committee Treasurer/bookkeeper to ensure accurate records are kept.
- Ensuring all risks are assessed and minimised and understand responsibilities and work in accordance with Workplace Health and Safety, Mandatory Reporting, Emergency Procedures, and WCS and SAC policies and procedures.
- Being the nominated supervisor for the service.
- Communicating with the College as required.

**Requirements:** • Relevant Degree or a 3 or 4 year Early Childhood Education qualification, AQF Advanced Diploma, Diploma in Children's Services, or Diploma in Out-of-Hours Care, • Current Senior First Aid qualification including, Asthma and Anaphylaxis management. • Current valid or willingness to obtain paid Blue Card/Exemption Card issued by the Queensland Government.

### As part of your application, please address:

- Your willingness and ability to build a program from scratch.
- Your preference of full- or part-time employment as your choice of shifts (morning and/or afternoon).
- Your readiness to be Nominated Supervisor of the service.

### Applications close 15 November

Please address applications to the Kuranda District State College P&C Association at [KurandaOSHC@gmail.com](mailto:KurandaOSHC@gmail.com).



# The Problem of Roaming Dogs

Across the Wet Tropics bio-region, residents are becoming increasingly aware and distressed by the growing number of irresponsible dog owners allowing their dogs to roam, menace or attack people, their pets and increasingly, native wildlife. People or carers who witness or respond to native wildlife being chased or killed often suffer acute emotional distress.

As a civilized society, what are we to make of this? We all have a responsibility to ensure that our domesticated predatory animals do not cause an impact to our community and its values—or affect our unique endangered native wildlife.



Our precious wildlife, like our community, has a right to feel safe to live their lives without fear of being attacked or menaced. However this is not the case across the Wet Tropics with recent dog attacks in the region, one on a woman enjoying the simple pleasure of

a morning walk down the street, resulting in her hospitalisation and her little dog deceased.

Roaming hunting-dogs have been seen trespassing into the “Protected Wet Tropics” menacing a male cassowary and his two chicks, which have not been seen since. On private land, there have been recent reports of roaming dogs attacking and dismembering a tree kangaroo and killing her joey. Security camera footage shows many roaming, unrestrained dogs on the “hunt” on both private land and National Parks in critically endangered Northern Bettong habitat.

Children between the ages of 2-14 years are the highest demographic to be attacked by dogs, with attacks often on the face and around the neck.

FNQROC has created the “Animal Management and Wildlife Stewardship program”. It is now up to each of us to encourage our local Regional Councils to enforce these sound policies, which provide more effective protection to our community and safeguard our precious native wildlife.

#### Cassowary Coast Regional Council 2016-2017

- 800% Increase in stray dogs
- 40% Increase in complaints of dogs roaming or lost, being a nuisance, barking, menacing or attacking people, their pets or wildlife.
- 50% More animals impounded.

#### Cairns Regional Council 2016-2017

- 720 Reports of dog attacks.
- 120 Attacks on people.
- 250 Involving a pet being Injured or killed.
- 350 Involving a dog rushing at someone causing them fear.

Councils noted an increase in dangerous, socialised dogs which were allowed to roam,

rush at and attack people, their pets, wildlife and livestock.

These figures reflect the number of reports to Council. Many dog attacks go unreported, so the incidence of dog attacks could be much higher.

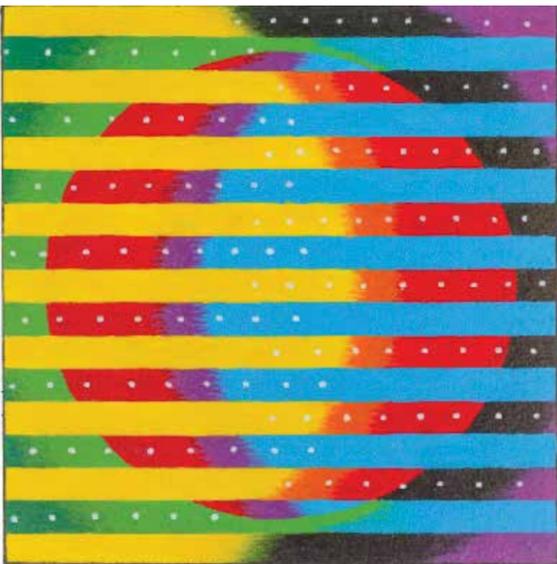
Dog attacks are not only frightening for all involved, but often result in serious Injury and physiological trauma. Dog attacks on other animals can cause serious injury or death.

Remember... if you own a dog, you are 100% responsible for its actions.

**Ingrid Marker**  
for Cassowary Keystone Conservation

## KURANDA ACUPUNCTURE

~35 Barag St.~



AHPRA registered  
Acupuncturists  
Caring for  
Kuranda since  
2005

**Kellie McBride**  
0404206788

**Leo van Gemert**  
0405116066

Health Fund Rebates  
Work Cover Claims  
Gift Vouchers

Find us on Facebook

Acupuncture is an integral part of Chinese Medicine. It may help patients to manage a range of symptoms including pain, stress and fatigue. Leo and Kellie welcome your questions. Find KURANDA ACUPUNCTURE on Facebook or call to discuss how they can help you.



THIS PROPERTY  
**FOR SALE**

SOLD

0403 788 187

**Angela Martin**

estate agent | video presenter | auctioneer

angelamartin.tv  
realestate



# Menacing Menopause

By Sarah Dobbs

What used to be a hidden condition, often referred to as 'the change', and more or less whispered about like a venereal disease, is now being spoken about openly. Thank goodness for that as roughly 50% of the world's population happen to be female. I know! I'm so grateful for stats or we'd never have known. Can you see me rolling my eyes?

The time that causes the most havoc is perimenopause. It's like a cross over period between fertility and menopause. Menopause literally means a pause in menstruation or periods. And we can blame hormones. We love to blame hormones! But in this case, it's true. In perimenopause we have oestrogen bouncing up and down as the ovaries start winding up business. Progesterone also starts to decline and other female hormones drop in this time also.

Perimenopause is characterised for many women by hot flushes, and/or night sweats, sleep disturbance, mood alterations, irregular bleeding/periods, flooding (excessively heavy periods often out of the blue after months of nothing) and vaginal dryness. That's not even the full list – just the main points. Fun days women! But it doesn't need to be a disaster. Just altering diet alone can make a huge difference! And then there a host of natural remedies that can support perimenopause as well.

Oestrogen seems to be the culprit for most of our distress, however. And that's good because there is a lot we can do about that to ease the transition.

Diet is the first and easiest support so let's go there.

Oestrogen is unstable at this time so we can help support stable levels by ingesting phytoestrogens. Phyto-whatchas? These are simply plant based oestrogens. Not to be confused with xenoestrogens which are a totally different kettle of fish! You can't over consume phytoestrogens as a food source – I guess you could if you were really giving it a red hot go but I've not seen any one overdose on veg and fruit yet sooo... Although these foods have phytoestrogens, they create oestrogen regulation rather than just adding oestrogen.

- Legumes and pulses like chickpeas, split peas and lentils are a top source of phytoestrogens
- Soy deserve their own mention as they are so rich in phytoestrogens but have a bit of a bad rap thanks to spraying so opt for organic sources in tofu and miso.
- Buckwheat
- Millet
- Sunflower seeds
- Alfalfa
- Pumpkin seeds
- Fruit and veg

Another thing to consider is that during our child-bearing years oestrogen has a protective quality for our bones. Once it starts to decline our bone density can also start to decline so there is an added need for calcium in the diet. Although dairy is a great source of calcium, I love people to get it from many varied sources.

- Dairy is the obvious one
- Almonds – also have phytoestrogens so win/win,
- Buckwheat – another win/win
- Sardines and tinned salmon because the bones are soft, we eat can them. This is a totally under rated source of calcium
- Soybeans – look at all the phytoestrogen/calcium cross overs!
- Green leafy veg – another cross over.
- Egg yolk
- Broccoli

It's pretty important to mention that caffeine i.e. coffee can leach calcium from the bones so women need to avoid it in peri-menopause and menopause – sorry!

And as a last couple of tips...minimise the hot flushes by working out what sets them off. Sometimes it's a hot drink or a spicy meal. Keep a diary and you might be surprised.

If vaginal dryness is an issue and you want to keep it natural, I strongly suggest coconut oil! Best ever lubricant. Too much information? Oh well! You can thank me later! Or wild yam cream is excellent too as it is a phytoestrogen for the vagina.

Have I covered everything? Probably not but I hope that it brings you some relief. Diet is just one piece of the puzzle. There is lots more so if you are still struggling check in with your natural health care provider. There is no need to suffer through it anymore!

*The advice given here is general in nature. If you have further concerns, please contact your GP and/or Natural Health practitioner for advice.*

## KURANDA

At the Amphitheatre rock show  
In her finest purple gown  
The vegetables were all organic  
From the volunteers' restaurant  
Her dog said, "I really love you"  
We danced under the stars  
The kids all rolled down the terrace  
Twenty thousand million times.  
I'm on a bender  
So is everyone else  
Wow! That's quite an act.  
Weird things happen to southern  
people  
They don't happen up north, in fact

When you're living in Kuranda  
There are fifty geckos eating bugs  
up on the ceiling  
Black mould is growing on your  
leather  
When you're in Kuranda  
Sometimes it seems to rain for years  
Winter dawns and a warm sun  
smiles  
As a cool mist whispers in your ear  
"Lunchtime you better wear a sun  
hat  
Or find a tree to help you shade out  
the glare"  
She's a dancer and musician  
Plays djembe, flute and guitar

A Cassowary dances in her conga  
line  
It's evolved for a long long time  
She's the Angel of Kuranda  
She knows things no one else knows  
She wonders if people stop cutting  
down trees  
Will the critters ever die out?  
I'm on a bender  
So is everyone else  
Wow! That's quite an act  
Weird things happen to southern  
people  
They don't happen up north  
  
*by They Might Be Kuranda*

## KURANDA MEDICAL CENTRE

cnr Barang and Thongon Streets • Ph: 4093 7118  
"Professional Care in Your Community"

**Dr Dave Cuming:** dermatology, paediatrics, minor surgery – Monday, Wednesday, Friday

**Dr Hal Hancock** – Fridays 8.30am–4.30pm • **Dr Veerendra Sinha** – Tues and Thurs 8.30am–5.00pm

**Dr Agufana Pepela, Dr Yvonne Doveren** (Outreach Clinics only)

**Dr Jess Fulton** working Tuesday, Wednesday (all day) and Friday (mornings), to early 2020

**Dr Lucy King** will be here approximately 3 days per month as she is also working for Royal Flying Doctors  
KMC will continue to provide locum GPs until we can secure a permanent GP

KMC welcomes **Dr Steve Salleras** working 2 days per week, Monday and Thursday 8.30am–5.00pm

**Dr Jimmy Stewart** has joined KMC and is working 3 days per week with interests in Mental Health

**Extra Services:** Podiatrist, Dietician, Psychologist, Diabetic Educator, Nurse, Asthma Care, Indigenous Health and more...

**Monday – Friday • 8.30am to 5.00pm**



sarah dobbs | simplyhealing

B.A., Ad. Dip. Homeopathy, Ad. Dip. Nutrition,  
Cert IV Bowen Therapy

**natural health practitioner**

nutrition | homeopathy | bowen

**mobile** 0402 804 591

**email** sarah@simplyhealing.net.au

**website** www.simplyhealing.net.au

**address** office b, 13 Therwine St, Kuranda

**Lions Club of Mareeba**  
**Car Boot Sale**  
Proudly supported by the Speewah Residents Association  
And **Lions Sausage Sizzle**  
**Roscommon Park, Speewah**  
**Sunday 1 December**  
8.00am – 12 noon  
**Pony Rides**  
Sellers \$5 donation to Lions Club  
Enquiries: Suzy Grinter 0417 796 310  
Pay on the day

## Therapeutic Massage and Ortho-Bionomy with Sheree Scott

- gentle pain-relieving techniques
- more than 15 years' experience
- 45min session \$65; 1hr \$80
- anti-inflammatory Kunzea oil
- selected health fund rebates



Sheree Scott  
Massage



**Ph: 4093 9490 or 0421 102 722**

**22 Williamson Dr, Kuranda (off Masons Rd)**

## bath shop

**handmade in Kuranda**  
**soap, bath products,**  
**natural skincare, essential oils,**  
**candles, gifts & more**



**Shop 4/25 Coondoo St**  
**tel 0428643117**  
**open 10:15am - 3:15pm**





**Friends of the Earth**  
Far North Queensland

## New Authoritarian Anti-protester Laws for Queensland

On 19th September the Palaszczuk ALP Government released new authoritarian police laws designed to intimidate and suppress the rights of Queenslanders. The laws target members of the public engaging in types of non-violent direct action, such as those employed by *Extinction Rebellion* on the streets of Brisbane and other cities. The government claims the laws are about safety, but in reality they aim to stop people hosting peaceful actions on traffic corridors and in public places. They are designed to create an environment of fear across the community. One of the new laws would allow the courts to imprison protesters for up to two years – others grant police extensive search powers without a warrant. They plan to rush them through Parliament by the end of the year.

*Extinction Rebellion* and others have simply been trying to raise awareness of our unfolding climate catastrophe – which is happening now. They are protesting against mega coal mines, sky-rocketing greenhouse gas emissions and the government's complicity in this whole mess. If governments fail to listen, or worse, actively undermine action on climate change, then peaceful, widespread civil actions are how people can respond. Now they plan to crush that as well, so the good people of Queensland are prevented from raising their voices. These people come from all walks of life – mums, dads, grandparents, adults and children of many ages – all wanting something to be done on right now.

We must remind Ms Palaszczuk that the corrupt regime of Joh Bjelke-Petersen introduced similar laws in the 1970s and 1980s to intimidate and suppress the public. The 1977 *Street Protest Ban*, outlawed peaceful marches across Queensland and was combined with harsh police powers and constant attacks on civil liberties.

Good people were beaten, arrested and imprisoned for fighting worthy causes such as Apartheid in South Africa, war in Vietnam, Aboriginal rights and women's rights. Indeed it was the Premier's father, the Hon. Henry Palaszczuk, and his generation who fought for these causes on the streets of Brisbane. The Labor movement railed against the abusive power of the government of the day – and now you, Ms Palaszczuk, want to curtail the civil liberties and the rights of Queenslanders.

Have you, Premier, and your Labor ministers now descended into the same authoritarian mindset of the Joh era? If these laws are implemented we are again entering a very dark period in Queensland. Governments should be tightening laws to reduce greenhouse gas emissions, not punishing Queenslanders for raising their voices.

**NEXT MEETING:**  
Zoom Meeting  
Thursday 7th November, 7.30pm  
All welcome.  
For details contact Ingrid on 0438 688 229  
[cassowarykeystoneconservation@gmail.com](mailto:cassowarykeystoneconservation@gmail.com)  
Margaret on 0403 214 422  
[pestorium@gmail.com](mailto:pestorium@gmail.com)



**FRIENDS of the BOTANIC GARDENS CAIRNS**

The Friends of the Botanic Gardens annual Night Walk in the Gardens takes place on Wednesday 13th November. The nature walk, popular with children, is led by Kuranda-based entomologist Dr David Rentz AM and gives people the chance to see creatures in the Gardens that only appear after dark. Bring a torch or head lamp and a camera. The event starts at 6.00pm with a sausage sizzle in the visitor centre, the walk itself beginning at 7.00pm. \$5 for FOBG members/\$10 for visitors/Children free.

## Rainforest of Kuranda

One tree alone 1000 tougher one oasis many trees  
The weather is just great  
Rainforest rain grow up oasis become the forest of kuranda  
Thrive rainforest thrive bring the birds to the rainforest of kuranda  
Rain rainforest rain become the river of kuranda  
Grow rainforest grow bring the fish to the river of kuranda  
Her beauty is full she is the rainforest of kuranda

By Jamaal Mobarak



GORDON REID  
**PLASTERING**  
Servicing the Kuranda District  
• NEW WORK • REPAIRS • RENOVATIONS  
• INTERNAL BLOCK COVERING • WHITE SET  
• CARPENTRY • INTERNAL PAINTING  
**QUALITY GUARANTEED**  
★ NO JOB TOO SMALL ★ FREE QUOTES

PH 4093 0101 MOBILE 0418 770 066  
PO BOX 490 KURANDA 4881 Lic. No. 063688 QBSA Act 1991

## Nick's Pool Service

*Your local pool man in Kuranda*

For all your pool and spa needs

- CLEANING
- SERVICING
- REPAIRS
- MAINTENANCE
- POOL EQUIPMENT SALES
- CHEMICAL SALES
- ADVICE

Call Nick and Susan on  
**0414 644 230/4093 8124**  
[allspaandpool@gmail.com](mailto:allspaandpool@gmail.com)

Based in Kuranda



**TLC Tree Services**  
Damien Woodcock, Professional Arborist  
0408 150 734 [treelopperscairns@gmail.com](mailto:treelopperscairns@gmail.com)  
[treelc.com.au](http://treelc.com.au)

Family owned and operated

- Qualified Arborist
- Fully Insured • Ergon Authorised
- Qualified and highly experienced climber
- Free quotes and advice
- No job too big or too small

Experience ranging from small trees through to advanced rigging, crane work, block clearing and controlled tree removal.

*We'll bring a little TLC to any project you undertake*

did YOU know Kuranda has a RECYCLE DEPOT

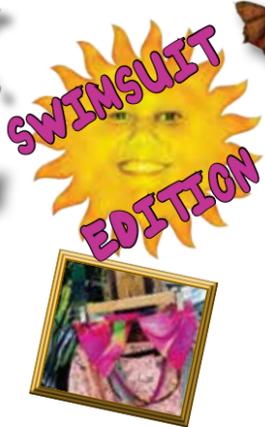
Place your aluminium cans in the KRC bin. All recycling proceeds are donated to COUCH (Committee for Oncology Unit at Cairns Hospital)

Open 24/7

Fallon Road at the... kuranda recreation centre



# the Arts Page



**ALL IS ART**  
 Spring is here, time to have fun in the sun. Multitalented Sri (left), turning her creative passions into a small, Earth-friendly business, has just the right gear for that. Imagine; a walk in nature, some photos, art, design, printing, fabric, sewing, production, and marketing, just so some of us can look and feel great when we take a walk in nature, Thanks Sri, and all your team. Get in the sun Art Lovers, seren.



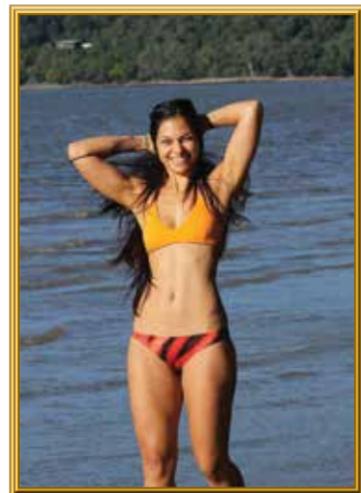
**Sri Stormont  
 Luna&co  
 Creator & Designer  
 Sri Louise Swimwear**



My Sri Louise swimwear collection is a reflection of my travels between Australia and Bali, my two homes: Cairns and Kuta. My unique and personal pieces are created from sparks of imagination triggered by waterfall adventures and local flora and fauna. These inspired prints emulate the beauty of Mother Nature in their vivid colour schemes and naturally-formed patterns. My inspiration also extends from Balinese culture, which has given me an insight into another world. The costumes, offerings, and Hindu customs offer an experience that is indescribable, and should be experienced first-hand in order to understand the feeling. These prints represent a time that reflects my life at its best and worst. Creating a piece out of love that expresses the way I feel... Wearing a piece that makes you feel comfortable and alive... These are the threads of iconography. My Sri Louise Tropical Swimwear took me a decade plus to come to the point of having my first limited addition range of Tropical Swimwear after finding my feet mentally and physically. I'm using upcycled clothing to fund my next collection of swimwear which will be all Australian made. In 2007 I did an intense full time course, 5 days a week studying at the Cairns TAFE institute. I've always wanted to be a fashion designer ever since I was brought up with Balinese culture through my mother's side. I made my first samples of swimwear in 2014/15 after travelling abroad and purchasing my very own canon camera. I have always taken photographs. My friends would call me a paparazzi waterfall lover, always chasing the sun wherever she may wake and go to bed. I am the ultimate adventurous woman, the sport loving fanatic who wants to try everything. Ever since I had my high resolution camera, I started to collect stories of where I grew up around Cairns. Capturing images of flora, fruits and fauna. I have 14 stories with prints giving an insight about each print. I have lived in Trinity beach for 29 years and Yorkeys knob 1 year, and now enjoy spending my days in Kuranda. My brothers helped me work towards my dream hobby, designing, and one day having a shop to sell them in, The Original Kuranda Markets. I realised I wore a bikini most of the time, and would go to waterfalls to ease my running thoughts. That's when I decided I'd start with swimwear and then move onto other pieces such as fishing shirts, stinger suits, socks, etc. My head is always creating and the only way I could get something produced was to start small, knowing how my brothers put themselves out to support me. So Swimwear it was to be. In 2016, I sourced a sublimation printer and used recycled lycra making bikinis and one pieces reversible. Two in one kind of deal. Pack light but have two options. I then invested the money loaned to me by my brothers, to take my prepared samples over to Bali, where my mother grew up, and had a limited stock made up. These are in stores now. My partner Alyce and I would venture to waterfalls together. We have known each other since we were teenagers. We decided, on my 30th birthday last August, to see what the rent would be like for a stall in the Original Kuranda Markets. We agreed to go halves in shop 7. Alyce came up with the name Luna&co. We both upcycle clothing so we have less landfill and I have my Tropical Swimwear which is made from recycled lycra. All purchases made with my items are going towards my next collection. Which I'm currently drawing up as we speak.



p.s. In case your wondering, the name Luna&co stems from our intense love of the moon and all it's sparkly little friends.



**Jones Tiling**  
 Commercial and Domestic  
 Specialising in:  
 Marble, Granite,  
 Porcelain and Ceramic Tiles  
 Licenced Waterproof Applicator  
 Proprietor Lindsay Jones. Est. Cairns and Kuranda 1987  
**Mobile: 0412 387 651**  
 Ph/Fax 4093 0017 | jonestiling@dodo.com.au | BSA 50 490

**Bomatu**  
 Electrical and Marine  
 ABN 26435200830  
**Russell Slater**  
 Electrical Contractor  
 Electrical Installations and repairs to  
 all types of electrical and marine equipment  
 Specializing in repairs to generators, pumps and  
 hot water systems  
 No job too small  
 Discount for pensioners  
**Phone 4093 8900**  
**email bem@bomatu.com.au**  
 Experienced \* Reliable \* Local \* Professional  
 Electrical Contractors Lic. No. 66658  
*Offering sound advice on reducing your Energy bill*

**GRUBERS BECKETT**  
 Chartered Accountants  
 open weekdays 8.30am to 5pm  
**INCOME TAX**  
**SUPERANNUATION**  
**ACCOUNTING**  
**ASSET PROTECTION**  
**BOOK KEEPING**  
**WEALTH CREATION**  
**AUDIT**  
**4092 1244**  
**mareeba@grubersbeckett.com.au**  
 143 BYRNES STREET MAREEBA 4880

**Barry Hodson**  
 FCPA  
**Certified Practising  
 Accountant**  
 PO Box 139 Kuranda  
 Queensland 4881  
**Tel/Fax: (07) 4093 9770**  
 Mobile: 0418 314 532  
 Email: barry@hodsonott.com.au

**Mollie Bosworth**

Ceramic artist Mollie Bosworth exhibited in the Artisans in the Gardens event at the Royal Botanic Gardens in Sydney. This is a major fundraising event for the Foundation and Friends of the Gardens and very popular with visitors. Mollie showed her fine porcelain work inspired by nature among artworks from twenty-seven other artists in many mediums.



**Marcia Bird**

In November, KAC member Marcia Bird together with Pam Kusabs will be showcasing their work at Crystalbrook's Bailey Resort in Cairns. At their first session they will be using natural materials, and recycled materials at the second. Their Reimagined Reef will be on display at this session.

Guests and visitors will have the opportunity to join in and create their own unique piece.



**RADF Project "Artists in the Rainforest"**

Toni Rogers and Peter McCabe collaborated to produce a collection of videos showcasing fourteen Kuranda Arts Coop artists. These videos will be available to view on the Arts Coop website by mid-November – [www.kurandaartscoop.com](http://www.kurandaartscoop.com).

20 Coondoo Street, Kuranda • 4093 9026  
[www.artskuranda.asn.net.au](http://www.artskuranda.asn.net.au)

*Focus on Kuranda*

**Focus on Kuranda Photography Group is a Facebook group** initiated by local resident Liz Tonkin.

The group aims to share images of Kuranda and the immediate region and is open to anyone – resident or visitor.

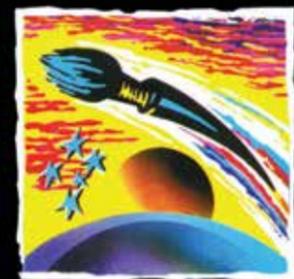
It's also open to photographers from beginners to professionals and using any kind of medium from fancy cameras to smart phones.

The Moderator of the page has advised *The Kuranda Paper* that the photograph receiving the most 'likes' for 25th September to 29th October 2019 (the day Kuranda Paper is sent off to printer) was "On Kennedy Highway towards Mareeba" taken on 15th October by Tim Trim.



**Always something new to delight!**

**FREE FRAMING QUOTES**



**TERRA NOVA GALLERY**

*Gift Vouchers available*

15 Therwine St  
 Kuranda  
 (opp. Centenary Park)  
 9.30am-3.30pm  
**0412 387 557**



TerraNovaGalleryKuranda  
[terranovagallery.com.au](http://terranovagallery.com.au)



## KURANDA GIG GUIDE

**FRIDAY 1ST NOVEMBER**  
Barron Falls Hotel  
++ Lunar ++  
5.00-8.00pm  
\*\*\*\*\*

**SUNDAY 3RD NOVEMBER**  
Barron Falls Hotel  
++ Open Mic ++  
Bring your instruments,  
everyone welcome to  
perform  
3.00-6.00pm  
\*\*\*\*\*

**FRIDAY 8TH NOVEMBER**  
Barron Falls Hotel  
++ Tropic Thunder ++  
3.00-6.00pm  
\*\*\*\*\*

**FRIDAY 15TH NOVEMBER**  
Barron Falls Hotel  
++ Walker Brothers ++  
5.00-8.00pm  
\*\*\*\*\*

**FRIDAY 22ND NOVEMBER**  
Barron Falls Hotel  
++ Patrick Nandy ++  
5.00-8.00pm  
\*\*\*\*\*

**FRIDAY 29TH  
NOVEMBER**  
Barron Falls Hotel  
++ Mantaka ++  
5.00-8.00pm  
\*\*\*\*\*

**COMING SOON  
KARAOKE THURSDAYS  
ON THE DECK**

# Music in Kuranda

**WOODFORDA INC. PRESENTS**  
*Festival of Small Halls*  
COMING TO A SMALL TOWN NEAR YOU

**KOAH COMMUNITY HALL**  
WEDNESDAY DECEMBER 4, 2019  
From 4.00pm Stalls, Food, Drinks  
Doors open 6.30pm  
Local Opening Act: TBA

Tickets: \$25 (concession \$20)  
Purchase online ([festivalofsmallhalls.com](http://festivalofsmallhalls.com)) and from Kuranda Visitor Information Centre (cash only)

**BLAIR DUNLOP (UK)**  
**HAT FITZ AND CARA (AUS)**

Woodford Folk Festival  
27 DEC - 1 JAN  
[WWW.FESTIVALOFSMALLHALLS.COM](http://WWW.FESTIVALOFSMALLHALLS.COM)

*Festival of Small Halls*  
COMING TO A SMALL TOWN NEAR YOU

On Wednesday 4th of December we will have the pleasure of hosting the **Festival of Small Halls** at our own Koah Hall for our third year running. This festival is fast growing in awareness and participation and is set to be an annual event for our community.

This year we will be treated to the musical stylings of Hat Fitz & Cara, an Australian duo, and also Blair Dunlop from England. Check out our Koah Hall Facebook event for updates and info... please share the link there to invite friends to come along! It will be a fabulous night of entertainment with meals and drinks available and plenty of time for socializing, with gates opening early afternoon.

Tickets are available for cash purchase at Kuranda Information Centre and also online at: [iwannaticket.com.au/event/festival-of-small-halls-summer-tour](http://iwannaticket.com.au/event/festival-of-small-halls-summer-tour)

Market stall spaces are available by application via Koah Hall Facebook page, or [koah.hall@gmail.com](mailto:koah.hall@gmail.com) or via SMS to Nicky on 0488 961 660.

I'm sure we will see you there!

*Koah Hall*

## Boogie Brothers CD Review Endless Boogie: "Full House Ahead"

Think the Rolling Stones, morphing into werewolves, circling on a hilltop under a Full Moon, Keef and Ronnie locked into an endless repetition of their well known riffs...round and round, velvet underground style, with no way out...Mick's snarling wolf-growls in the background as the pace winds up, driven along by the oh-so solid bass and drums.

Endless Boogie...these guys only do drone-boogie. You love it or hate it. They get locked in with no escape. As the wolves circle, speed up, and then slowly wind it down. Some trip!

Chewing on wolf-glands under a Full Moon can lock you into your riffs in a way that can bring on a sense of desperation with no way out. Or so it seems. Full Moon music for the seriously out-there droners...

This is their fifth C.D. Each one a bit more enriched than the last, but still, yes, Endless Boogie...



## MOWER REPAIRS

Servicing • Repairs • Parts  
Chainsaws • BrushCutters etc  
PICK UP AND DELIVERY AVAILABLE

## AUTOMOTIVE

Oils • Coolants • Lubricants  
Grease • Sealants • Paints and more

## BATTERIES

Automotive • Mowers • Farming  
• Marine • Deep Cycle • Free fitting  
and battery testing available

## EQUIPMENT HIRE

Refer to website for products  
and pricing



## STOCKFEED

Horses • Poultry • Pigs • Goats  
Sheep • Cattle • Macropods  
and Horse Tack

## PET SUPPLIES

For Dogs • Cats • Reptiles • Birds  
Wildlife and more

## HARDWARE

Concrete • Screws • Nails  
Garden Tools • Garden Supplies

## PLUMBING

PVC • Metric and Rural Fittings  
Pool Chemicals and more

57 DOUGLAS TRACK  
SPEEWAH  
[www.farmall.net.au](http://www.farmall.net.au)



4093 0835



SPEND \$50 OR MORE IN  
STORE AND GO INTO OUR  
MONTHLY PRIZE DRAW



PHOTOGRAPH BY STEVEN NOWAKOWSKI PANOSCAPES

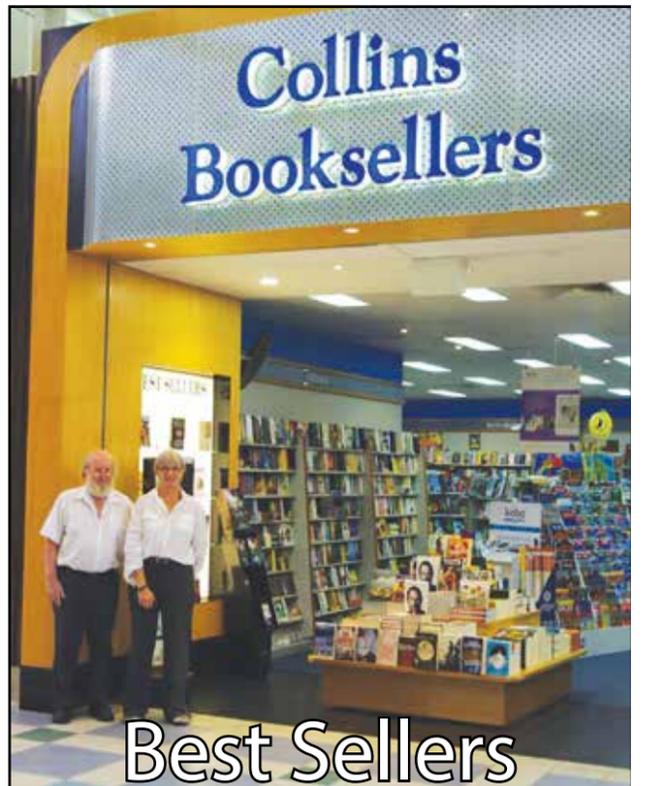
## Blast from the Past



The iconic grassed terraces which invite visitors, and show goers, to relax under sun or stars are captured in this black and white limited edition postcard by the late Robin Dods circa 1985.

Robin and his wife, the late Joan Dods, were instrumental in the establishment of the 'Kuranda Soundshell', later to become the Kuranda Amphitheatre, forty years ago this year.

Image courtesy of the Dods family



## Best Sellers

### COLLINS BOOKSELLERS SMITHFIELD Best Sellers for Month of October

1. The Guardians – John Grisham
2. Penny Wong: The Biography – Penny Wong
3. Kitty Flanagan's 488 Rules for Life
4. Khaki Town – Judy Nunn
5. The Treehouse Joke Book – Andy Griffiths & Terry Denton
6. The Tyrant's Tomb – Rick Riordan
7. Murder on the River of Gold – Robert Reid
8. Veg. Easy and Delicious Meals for Everyone – Jamie Oliver
9. The Body. A Guide for Occupants – Bill Bryson
10. Lethal Agent – Vince Flynn

Collins Booksellers Smithfield also stocks  
**The Kuranda Paper**

### KURANDA AMPHITHEATRE

SOCIETY INCORPORATED

## Dinner on the Terrace

### Saturday 2nd November

Members \$15 • Non members \$20 • Children \$7.50

**ENTRY PRICE INCLUDES**  
Pre-dinner cocktail special or beverage  
KAS end of year membership (quarterly)  
Selection of three curries to choose from  
Live acoustic music by Lunar SM & Friends

**BAR OPENS  
6.00PM**

**BOOKINGS ARE ESSENTIAL**  
Please PM our Facebook page,  
send an email to [support@kurandaamphitheatre.zendesk.com](mailto:support@kurandaamphitheatre.zendesk.com)  
or text 0477 776 607

### Charlie Smith Professional Knife Sharpening



**HERITAGE MARKETS  
EVERY SATURDAY**  
or call out by appointment  
**KNIVES \$8**  
**CHAINSAWS (chain off) \$15**  
**PHONE**  
**4093 8382 / 0409 558 027**

### THE KURANDA PAPER

The Kuranda Paper is usually produced on the last Thursday of the month, except December. The deadline for the receipt of all copy and ads is the Friday prior to the publication date. The paper is delivered by Australia Post to PO Boxes and residences in the general Kuranda district, and bundles are delivered to strategic distribution points across the Atherton Tableland and Cairns.

**Phone 07 4093 8942**

**Email [mail@kurandapaper.com](mailto:mail@kurandapaper.com)**

[www.kurandapaper.com](http://www.kurandapaper.com) • PO Box 66 Kuranda Q 4881  
Shop 2, 24 Coondoo Street Kuranda



## Hidden Words BOOKSHOP

Bottom of Therwine Street, Kuranda

**NEW BOOKS FROM \$5 EACH**  
**SECOND-HAND BOOKS FROM \$1 EACH**

PO Box 1010 Kuranda Qld 4881 • Tel: 0419 632 286  
[nicholsonmandalay@msn.com](mailto:nicholsonmandalay@msn.com)

Closed Mondays and Tuesdays

**BIG  
CLOSING  
DOWN  
SALE**

QBCC licence 15124706

Kris Hickey  
Designer (residential - commercial - civil)

## Kris for Concreting

e: [krisforconcreting@gmail.com](mailto:krisforconcreting@gmail.com) PO Box 775  
0423 423 480 KURANDA QLD 4881  
[krisforconcreting.com.au](http://krisforconcreting.com.au)

Over 20 years experience in the concrete industry  
Kuranda resident for 18 years

## Northern Tablelands Yard Service

**YARD MAINTENANCE**

Reliable good work  
Kuranda and Speewah areas

**Ph: 0427 044 321**

## Sommer Painting Services

Est. 1995 • QBSA 076195

- New Homes/Repaints • Commercial
- High-pressure Cleaning • Airless spraying
- Roof restorations • Sikkens Timber Finishes
- Free quotes

Ralf Sommer  
107 Veivers Drive, Speewah  
**Phone/Fax 4093 0146**  
**Mobile 0413 313 823**

**LONG LIST OF LOCAL REFERENCES**



Are you getting noticed?



Time to put some sunshine into your brand




**Nettie** DESIGN

m. 0416 120 852 e. artwork@nettiedesign.com

[nettiedesign.com](http://nettiedesign.com)

**sprout**  
juice & coffee bar

BLACKBIRD Espresso Organic Coffee  
 Fresh Chais and Specialty Teas  
 Fresh Local Juices & Creamy Smoothies  
 LICKS gelato, sorbet and Fro-Yo  
 Locally baked wood-fired sourdough  
 CATERING AVAILABLE  
 BYO




**Tel: 4093 8256**  
 Follow us on Facebook  
 24 Coondoo Street,  
 Kuranda  
[sproutkuranda@gmail.com](mailto:sproutkuranda@gmail.com)



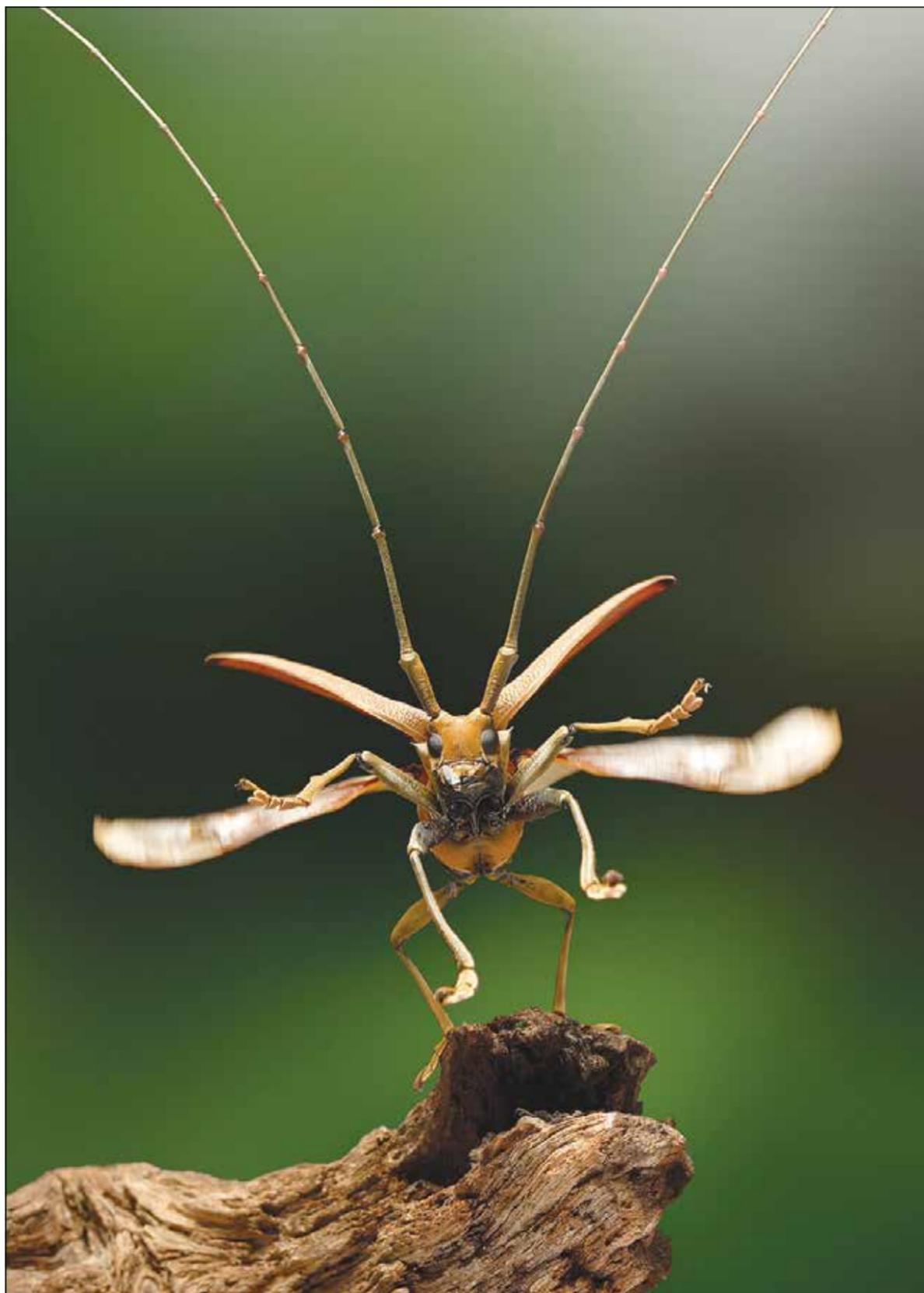
EMU RIDGE GALLERY  
 KURANDA



**DINOSAURS IN KURANDA**

Two storey high, unique Dinosaur Skeleton, fossil and gemstone museum, gift shop, gemstones, crystals and jewellery. Located at the Original Kuranda Rainforest Markets – look out for the big Dinosaur out the front!  
 FREE ADMISSION  
 7-11 THERWINE STREET, KURANDA  
[emuridgegallery@bigpond.com](mailto:emuridgegallery@bigpond.com)

**0408 728 711**



A Longicorn beetle taking off. The beetle instantly transforms from an armoured tree-dweller to an aerobatic master.



A pair of Tortoise beetles busy making baby beetles. These beetles can clamp themselves to the surface of a leaf, and the shape of their body makes it difficult to remove them.

# Nature's Survivors

**BEETLES** are one of nature's greatest success stories. They first evolved almost 300 million years ago, even before the appearance of the dinosaurs. They watched the dinosaurs come and go, and in the meantime evolved and conquered the earth in a myriad of forms, shapes and sizes. Today there are more than 350,000 species of beetles on Earth, and their success is largely due to their extremely adaptable body structure.

Beetles, like other insects, have three body parts, and three pairs of legs all attached to the middle body segment (the thorax). Antennae are attached to their heads, and they have two eyes (made up of many lenses) which are known as compound eyes. Like many other insects, beetles have wings, but the way in which their wings are kept is very different.

When the insects first took to the skies millions of years ago, one of the biggest risks they faced was damage to their delicate wings. Insects such as butterflies, moths and dragonflies face this issue, and slight damage to their wings often results in the loss of their ability to fly – which in turn may result in death due to predation. Beetles overcame this problem through the evolutionary modification of their fore-wings into hard protective covers called elytra. The elytra protect their delicate hind wings when not in use, significantly decreasing the risk of wing damage. This meant that beetles could move into all sorts of habitats and were not restricted to lifestyles that revolved around protecting their wings.

One of the obvious habitats that insects with exposed wings could not exploit is under ground. This is one area where beetles are plentiful. Thousands of beetle species live on or under the ground, and many have become expert burrowers. Dung beetles are one group totally at home digging under ground. In fact, burrowing into animal droppings would not be at all possible had they not evolved with their wings protected. But when dung beetles need to travel, their elytra open up and their wings are perfectly functional.

Other beetles took to life within the trees, some even boring into the hard wood to lay their eggs. Longicorn beetles have strong jaws for chewing through wood and long antennae which hinge back out of the way when they move through the tunnels. Some longicorn beetles are very large – among the largest beetles in Australia; yet with an armoured body over 70mm long they can still fly.

Weevils are the largest group of beetles in the world. There are around 60,000 species known worldwide, with more yet to be discovered. They are well known for their long 'nose', called a rostrum, and are a very diverse group of beetles with species living in the deserts, rainforests, and some even living in the cold alpine country. Our smallest Australian weevil is 1mm long while the largest is 60mm.

The jewel beetles are one of the most spectacular of the beetle groups, some species instantly recognisable for having iridescent metallic sheens covering their bodies. These beetles feed on nectar and play important roles in pollinating native plants as they move from flower to flower to feed.

Beetles are survivors; success stories that have been through hundreds of millions of years of evolution which has fine tuned them into perfectly adapted animals. The sheer number of beetles on earth makes them an extremely important animal group, critical in controlling the natural balance of living things.

*Alan Henderson  
Minibeast Wildlife*



*The adult male Rainbow Stag Beetle is one of the world's most spectacular beetle, found in the rainforests of North Queensland.*

PHOTOS: ALAN HENDERSON



*For the love of*  **honey**



- Locally sourced from ethical beekeepers
- Guaranteed RAW
- Seasonal varieties
- Small harvest

**EXCELLENCE SINCE 1959**

*Locals discounts all year round!*




p. 4093 7261 e. [honeyhouse@bigpond.com](mailto:honeyhouse@bigpond.com)  
[honeyhousekuranda.com](http://honeyhousekuranda.com)

## THAI KAI CAFE

Catering for Private functions

**B.Y.O.**

**OPENING HOURS:**  
DINE-IN AND TAKEAWAY  
Closed Monday  
Tuesday/Wednesday 11.00am–3.00pm  
Thursday/Friday/Saturday 11.00am–8.00pm  
Sunday 11.00am–3.00pm

**Phone 4093 8770**

The Red House, 24 Coondoo Street, Kuranda

**SANDRA VIDEN DESIGN**  
Designed and Made in Australia

*colours of the tropics*

Shop: 11 Coondoo St.  
Kuranda Qld. 4881  
Ph: (07) 4093 9299  
Open everyday (10 am - 4 pm)




Shop online - [www.sandravidendesign.com](http://www.sandravidendesign.com)  
[shop@sandravidendesign.com](mailto:shop@sandravidendesign.com)



# Kuranda Horse and Pony Club

**THANK YOU** to everyone who competed at the club's Open Horse Show. It was a great turnout and all the horses and riders looked fantastic. Congratulations to the in-hand Champion Sienna Dubbins with Llangollen Tegid, Reserve champion Jessica Friend with Moonsong. Champion ridden Claudia Jones on Rosebrooke Rhythm Rendition and Reserve champion Michaela Friend on Deja Boo.

A very big "Thank you" to all our sponsors: Farmall at Speewah, Kubach Jewellers, Brumby Bling, Kick Start Accounting, Kuranda Equissage, Sensory Kid Outler, CJH Yachts, Councillor Lenore Wyatt, Anasons Creations, Proactive Equine, Balanced Saddle Fitting, Lorraine Lea Stylist, Dee's Horsemanship & Riding, JT Hoof Trimming, Kuranda Veterinary Clinic, Wiperman, Chillagoe Tourist Village, The Mukadi Family and finally Ricia Angie for the Beautiful Championship Garlands. Without your generous support it wouldn't be possible to host the event. Also, it was lovely to have a visit from Fionna and Brenton Lane who have recently moved away and had a long history in the club. Thank you also to the Judges, Ricia Angie and Susanne Cove, who encouraged all the young riders along the way. We hope everyone had a fantastic day and we look forward to running another in 2020.



# Electric Bus Comes to Kuranda



Tropic Wings Cairns Tours & Charters' electric bus made its inaugural trip up the Kuranda Range in October. The new Yutong E12 is environmentally friendly with zero emissions, and is the first 100% electric bus to be used commercially in Queensland. The battery charge lasts approximately 350km, far beyond the 139km the bus generally needs to cover in a day. It will now be used for the popular Tropic Wings Day Tour between Cairns and Kuranda, as well as shuttling guests between Australian Butterfly Sanctuary in Kuranda and Rainforestation Nature Park.

A charging station and solar panels have been installed at the Tropic Wings Coach Depot in a step towards a greener future with the group's vehicle fleet. By replacing the current coach, the electric bus will reduce CO<sub>2</sub> emissions by up to 30 tonnes each year. This venture has been privately funded by the group, with the intention of initiating environmental change in the industry.

"Not only does it mean we are investing in a more sustainable way of touring, but the bus is comfortable and silent to ride in, making it a more enjoyable trip up the Kuranda Range and suiting the "eco" vibe of Kuranda Village. We are dedicated to educating locals and tourists about the importance of our rainforests and eco-systems, this solidifies our commitment to that mission," Peter Woodward, CaPTA Group Managing Director, Peter Woodward, said.

(via [kuranda.org](http://kuranda.org))



WaterBores QLD are your local water drilling specialists  
• Domestic bores • Stock bores • Irrigation bores.  
Based in Kuranda and servicing Far North Queensland  
Call Leon for a free site inspection and quote  
Tel: 0403 210 431  
[leon@waterboresqld.com.au](mailto:leon@waterboresqld.com.au)  
[www.waterboresqld.com.au](http://www.waterboresqld.com.au)

## Vicki's Alterations and New Creations

Over 30 years' experience  
No Project too big or too small.

Reasonable rates.

Phone  
0400 791 345 or 4093 8976



"ONE JOB, ONE CONTACT"

"LOCAL FAMILY OWNED AND OPERATED"

& RAW MATERIALS

Available now for **BULK RAW MATERIAL LOADS**  
**QUARRY DIRECT & BULK FROM YARD.**



FOR ALL YOUR EARTHMOVING, RAW MATERIAL AND LANDSCAPING NEEDS

### OPENING HOURS

Mon-Fri 7am-5pm  
Sat 7am-3pm  
Sun 9am-3pm  
Public Holidays 9am-3pm

PH: 4093 8377  
45 Myola Rd



- CHEAPEST DEALS ON SAND, SOIL & STONE
- PLANT HIRE: BOBCATS, BACKHOE & LOADERS, ROLLER, EXCAVATOR, TRUCKS, MINI EXCAVATORS PLUS ALL ATTACHMENTS
- WATER TRUCK DELIVERIES, FREE QUOTES

*All Your Earthmoving Needs*  
**Driveway & Erosion Repairs & Restorations**  
*Get a price and see if we can beat it!*

Call Ron: 0419 705 005  
47 Myola Rd Kuranda 4881  
*Servicing All Areas*





# A Grinter's Tale

"**PICK A WORD**, any word, randomly, then sit down in front of your computer, and write 1000 words about it."

That was what I used to advise people who asked me how to write.

"Oh, and make it sound interesting, have me riveted to my seat until the last word," I'd add.

Often, they would proffer, "Pick a word for me", and I would suggest potentially bland objects like "Wall", because I have a cruel streak.

That suggestion usually met with a blank stare. Funny that. But it is a good exercise in developing writing skill. If you make a wall sound interesting, you're on your way.

After all, it might be just an object of little note, but is it? There's a host of history around walls; Hadrian's Wall, the Great Wall of China, the Berlin Wall... Or you can develop "Walls have ears", or "Men build too many walls and not enough bridges". You see, the opportunities are endless. It only takes one brick to start a wall, and one word to start a story.

"Don't stop to think about it. Just sit down and start; creativity will follow," I would suggest.

This is coming from a journalist who has written hundreds of three-page magazine articles in the weekend colour supplement of the Emirates national paper, *Gulf News*. Huh, easy, you may think. But we're talking about gardening in the desert, where it rains, if you're lucky, once every three or four years. I've woken in the dead of night, to find our second storey bedroom under a foot of water, not from below, but from the leaks above. Oh, those were the days.

It wasn't easy writing about gardening in such an arid climate, where your garden soil was sand, gardening tools were like hen's teeth, and plant nurseries were as scarce as free parking meters. After all, not everyone likes cacti.

You get to the stage, like writing for *Women's Weekly*, when you're tempted to dig up last year's Spring articles because no-one would remember that long ago anyway, or probably, like *A Grinter's Tale*, no-one ever read them in the first place.

In later years, to the more despondent of my mentees, in desperation I would say, "Pour a wine, that always helps bring on verbal diarrhoea". That was one of my more sensible suggestions and it's a tried and true concept, as you have probably noticed from the rapid deterioration of my articles the further into them you venture, depending on what time of the day I write. I hasten to point out, I loathe daytime

drinking, thank God for small mercies. That is why this particular article is shite (sorry).

But it's lunchtime, and apples don't have the same effect as a good glass of chardy. I can't think what else to eat because I'm on the keto diet and I don't even really like apples. And what's more, a very thoughtful friend bought them for me for my rescue horses, so there is a certain amount of guilt attached.

I can't get into the state of ketosis though, and breakfasts are torture. I never want to see another egg. I just want a big fat slice of toasted Turkish bread with an inch of cold butter and home grown tomatoes. I'm done with eggs. Cheese omelette with bacon, scrambled egg with cheese, parsley Florentine, or mushrooms with fried egg on top, poached egg with nothing but pepper; the list is endless and tedious. I have a wealth of sweet cherry tomatoes in the garden and even they are considered a bit carby. Life's not worth living on keto.

The apple didn't do it for me, so I opted to supplement the apple with half a camembert wheel, which I was under the impression was an admirable keto choice, and available for eating without guilt over calories, as it is basically protein and fat, nil carbs.

Funny how you can love particular foods until there's no alternative, although I could not get bored with salted caramel ice cream. Camembert goes with biscuits, even rice crackers. Anyway, while I was eating, I squashed another four March flies with my left hand (the floor is covered), and found a keto video online.

Right now, I've got a huge chunk of not-even-soft camembert in my mouth and she's telling me, "In fact, **NO** dairy". Kidding? No she's not kidding. There's a superimposed picture of a camembert floating there on the screen beside her. Can she see me? The wedge of Camembert drops out of my mouth like a dead March fly. I look behind me, and then around the room for hidden cameras. This can only go downhill, I thought. I was right.

Now look, I've cut out bread, yoghurt, biscuits, potato chips, rice, pasta, milk, dried fruit, sesame bars, and God forbid, wine; in fact just about everything that makes life worth living. There's no stick-on "Well done", "You go girl!" or "Top Effort" badges being pasted on my bosom by smiling skinny TV crews, just 56.5 fat March flies on the floor and biting my legs. All I can hear is buzzing, the noisy click click of a fan that should be ripped out of the ceiling, and the

kelpie's mouth snap, snap, snapping in a vain attempt to save his owner from the Ides of March flies. I want a sandwich. I so want a sandwich, even one made with white face flannel bread.

Oh no, she's going on now about cutting out sweeteners. Can it get worse? Why didn't I opt to play Solitaire while I ate my lunch? There I was smugly lowering a teaspoon of honey into my coffee, as I only drink one cup a day and I was told on good authority that was okay, and now she's got me thinking. I am driven to use that awful expression, OMG, as now I have Googled honey's carb content, and I might as well be dead, as one measly spoonful is half my day's carb allowance.

She's **STILL** talking nineteen to the dozen, and now she's telling me to have lots of coconut oil, like it's a glass of chardy. Who drinks coconut oil for God's sake? I'd truly vomit. But maybe that's the idea. Miss Perfect figure with white eyes and white teeth, and her hour glass figure is now telling me I should fast too, so my body can turn to fat as its fuel. Seriously??? That is tantamount to performing Chinese water torture on a prisoner who has been hanging by the feet for six days.

Anyway, this morning was a bit different, as I had an egg and march fly omelette. Yum. A different protein for a bit of a change. No flies on this one, I can recognise opportunity when it lands at my feet (or on my arm).

Back to writing, and inspiration. Well sometimes, when other journalists were stuck on an article, I would suggest sleeping on it, which is really funny because you spend half the night wide awake creating ideas and the wittiest lines, not one of which you remember in the morning.

I often tell people that I wish I could record some of the conversations I have with my dogs as they are hilarious (I think) and sometimes I'm surprised the pair of them don't roll around the paddock laughing their heads off at the amazingly dry wit of their owner. Then one day my neighbour said she could hear me talking to my dogs in the paddock. "Oh really?" I muttered, frantically trying to remember if I said "Do I look fat in these jeans, Harry?" or "I think we'll watch The Bachelorette tonight, kids" (oh I think I would die being caught with that one).

Or perhaps, "What would you like for dinner, tonight, Boo?" As they are going to get meat, rice and veggies yet again, or steamed Basa, I usually get just a withering look in reply, to which I could well reply, "Think yourself lucky you're not on this Keto diet".



**ANTENNA GUY**



LOCAL GUY LOOKING AFTER YOUR TV PROBLEMS.

**LAURENCE CAPOCCHI**

NEW ANTENNA INSTALLATION.  
DIGITAL TV SPECIALIST.  
ANTENNA REPAIRS.  
RECABLING.  
SETUP & TUNES.  
EXTRA TV & PHONE OUTLETS.  
ALL WITH A FRIENDLY SMILE.

PH. 40576735  
MOB. 0402537952

**KURANDA**

**D & D BACKHOE HIRE**

TIPPER & ROLLER HIRE  
Land Clearing. Site Preparation.  
Tree & Waste Removal/Cartage.  
Causeways. Landscaping. Pools & Dams.  
Septic & Trench Works. Rock Walls.  
Case 590 4 in 1 4WD Extendahoe.

**DALE 0419 715 285**  
**OFFICE 4092 3662**

earthmoving@liftdigmove.com.au



Free quotes and appointments

Starburst: Servicing Kuranda & surrounding areas since 1985.

**B & C DONNACHIE**

**CONCRETING CONTRACTORS**

Lic. No. 050953 QBSA Act 1991

ALL CONCRETE WORKS



• Domestic & Commercial  
• Driveways & Slabs  
Servicing Kuranda, Cairns and Tablelands since 1991

FOR A FREE QUOTE  
PHONE BRETT  
Ph: 4093 9528  
6 Butler Drive, Kuranda

**0408 187 995**





**The Kuranda District State College** established a permaculture garden project some years ago, originally using the expertise of Kym and Georgie Cruise from Free Range Permaculture. The project was based on a set of principles that result in sustainable productive systems. Subsequently, the Sustainability program in its

current form was implemented in 2011 under the purview of the Science Department led by Ms Carrie Hudson- Senior Biology and Marine Science teacher at the school, with the invaluable input and involvement of Agricultural Consultant & STEM Support Officer, Les Anwyl.

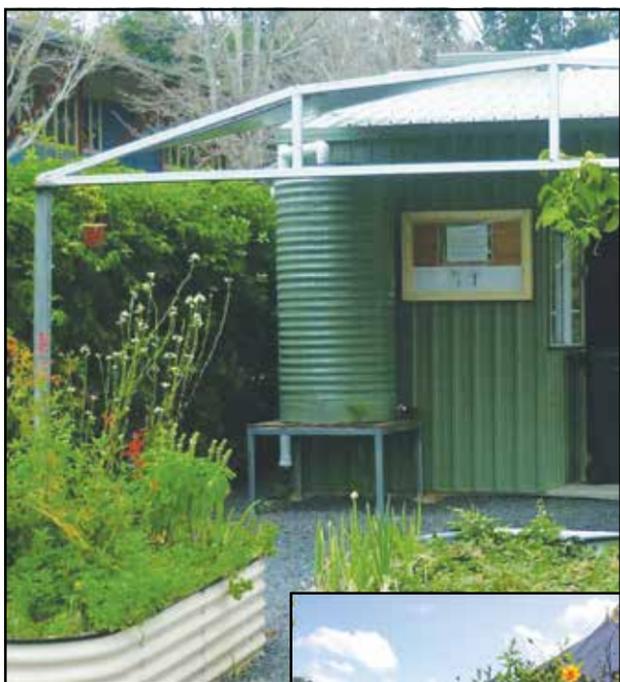
This garden has now grown in size and purpose. Currently it contains 2 goats, 7 guinea pigs, a pig and a beehive. The animals form an integral part of the Sustainability Courses provided by the Science faculty. In addition to the animals, there are a number of plant and vegetable plots including: pollinator gardens, a bush food and medicine forest, raised garden beds for seasonal crops, an animal fodder garden and fish ponds.

Honey is also produced and showcased annually at the Cairns Show. It has won First place for the past 4 years and is available for purchase to the community each year when available. It is popular with staff and school community members, selling at very reasonable prices.

All the maintenance and nurturing of the flora and fauna is undertaken by students and staff members, with the same diligence and care as that of real botanists. Lessons begin with student observations that are recorded in their log books about the environment, the plant-life and the animals' welfare. Open class discussion then enables students to share their weekly reflections about seasonal aspects that may impact upon plant and animal survival and viability such as change of temperature, plant growth and development and rainfall.

Apart from the obvious benefits of learning Science in-situ, the caring component instils a sense of responsibility through making a commitment to the well-being of the animals and, of course, their environments. Children learn that the animals are living, sentient creatures in need of attention, food, veterinary care and training. They need a clean environment and gentle, respectful handling – especially in the case of the two new baby guinea pigs.

Kuranda District State College intends to extend its garden-farm in the future by expanding the Indigenous food plants and starting a silver pasture project. More about this initiative next installment!



## Kuranda Men's Shed

Shoulder to Shoulder

# Tales From The Crypt Shed

Welcome once again to the Kuranda Men's Shed. Happy news from the construction site. Richard, Dougie and new chum, Geoff, have been hard at it with painting the new toilet block, ready for tiling. Meanwhile our local termites have been hard at it on the saws and hammers. Warren and Andrew got stuck into some not-so old, pallets, knocking them down for some more planter pots. Chano meanwhile was wielding the circular saw, creating a couple of masterpieces out of the old shed packing crates. Inside the shed, it was decided to use our own timber for the Smoko benchtop, but thanks anyway to those who put up a couple of timber slabs for the job. We will get them back to you soon. Eddy's tomatoes are going beserk in the compost heap and now we can't seem to stop him. There are now more tomatoes, cabbages, carrots and goodness knows what else in the various planters he has acquired. Bit of a green thumb is our Eddy. To go with the new digs, Billy has come

good once again with a near new fridge. The extra freezer area should go well for the Sausage Sizzles.

Now, to a more serious note. We have another mascot for the Men's Shed. The Stig is still lurking in the shadows, waiting to take your donations, but this little guy will be seen more and more around the town on our new Shed Shirts. The only problem is, he doesn't yet have a name. Can you help us name him? From his picture, you can see he is energetic and keen to get stuck in. Ready to go at the drop of a hat. So, if you can come up with a good name, why not shoot us an email with the title line "Shirt mascot" to [Kuranda.mensshed@gmail.com](mailto:Kuranda.mensshed@gmail.com) or come down and see us at the shed and have a cuppa while you are here.

**Trading Hours:**  
**Wednesday 8.30am-11.30am**  
**Saturday 2.00pm-5.00pm**

We are located down the end of Kuranda Heights Road, continue on past the caravan park, and in to the old council depot.

**Contact:**  
**Daryl Douglass (Secretary): 4093 9421**  
**Richard Clews (President): 4093 0457**

Or search on Facebook for Kuranda Men's Shed.



## Get Up Close And Personal With Peppermint Stick Insects



Pop into the Kuranda Visitor Information Centre and meet the beautifully coloured Peppermint Stick Insects close up.

These fascinating phasmids are also highly perfumed and smell just like – peppermint.

PHOTO by Minibeast Wildlife, Kuranda

Jamie Johns  
 New Pools & Renovations  
 0448 825 992



info@tppools.com.au Po Box 563  
 www.tropicalprestigepools.com.au Kuranda QLD 4881



## LOCAL KURANDA PLUMBER & GASFITTER

Servicing all areas of

• Kuranda • Speewah • Koah • Mareeba

FREE NO-OBLIGATION QUOTES

Joe Gundrum: 0438 587 753



## Queensland Taekwon-Do Academy

STRENGTH • COURAGE • CONFIDENCE • RESPECT



### The Art of Self Defence

- Internationally Certified Instructor (ITF)
- Non-contact training policy
- Traditional Taekwon-Do
- Practical self-defence training
- Family discounts available
- First lesson FREE

Enquiries to Jeff Dieben 0437 438 196

<http://queenslandtaekwondo.com.au/>

<http://www.facebook.com/itfnq/>

CWA HALL KURANDA  
 Tuesday & Thursday 6.30pm-8.00pm





**K.N.C.** Operated by  
KURANDA INFORMATION  
& SUPPORT CENTRE  
ASSOC. INC.  
**6 Rob Veivers Drive, Kuranda**  
**PO BOX 170 KURANDA Qld 4881**  
**Ph: 4093 8933 Fax: 4093 8607**  
Email: [knc@qld.chariot.net.au](mailto:knc@qld.chariot.net.au)  
ABN 62 198 192 130

**The KNC AGM** will be held on 18th November at 6.00pm. Please see separate notice (page 2) and membership form. If you wish to become a financial member of the KNC, please contact Marg on 40938933 or [coordinator@kurandanc.org.au](mailto:coordinator@kurandanc.org.au) The membership fee is \$4.40 per year.

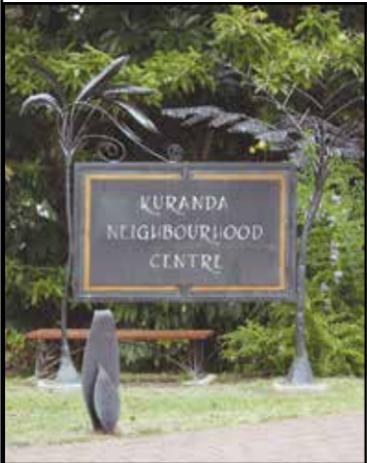
**KNC Street Pantry:** The street pantry is currently in construction by the Kuranda Men's Shed and will be located at the front of the neighbourhood centre. The model is based on people in communities donating to the pantry so that others who need basic food or emergency items can access them 24 hours per day. Donations of personal items (toothbrushes, deodorant etc) and non perishable foods (tinned or packaged) will be sought to get this great new program started. Please contact the centre if you want to know more..

**Family Support Worker Position:** We are currently in recruitment with applications having closed 21st October 2019. Interviews will be 1st November and we hope to have the position filled by early January 2020. Ceri Hughes remains in the position on a contract until early January.

**Be Connected Digital Skills Afternoon Tea:** An afternoon tea will be held on November 14th at 2.30pm. This is an opportunity for people to come and learn more about computer technology, digital skills, online and cyber safety and learn how to use tablets. With the digital world becoming an intrinsic part of daily life to book flights, access services such as Mygov and doing banking, it is becoming increasingly necessary to develop skills and confidence. Please RSVP by Thursday 7th November on 4093 8933 or [coordinator@kurandanc.org.au](mailto:coordinator@kurandanc.org.au).

**Kuranda Family Day:** Family Day was on 1st October in the Park. It was well attended by community members and families. The Kuranda Family Days have been running for about 10 years, having been inspired by a local elder talking about how families used to get together in the 60s and 70s for a day of fun. They occur on the second Tuesday of the mid term school holidays (usually April, July and October). They are coordinated by the Kuranda Interagency Network. A range of services attend the event and deliver activities to promote their services and participate in the 'Healthy Lifestyle Choices' theme of the events. Thanks go to those services that attended: Youthlink (face painting), TRACQS Weavers (cultural weaving), Kuranda NILS (No Interest Loan Scheme information and financial planning), Grant Hynes (giant bubbles), Ngoonbi Bibi Yungan (Learning Centre – colouring in), Mulungu Family Playgroup (kids activities), Act for Kids (games), Mareeba Community Housing Company Street to Home program (apple slinkies), Ngoonbi Sport and Rec (park games/races/tug of war/tag), Uniting Care Community Gambling Help (boomerang painting), Ngoonbi Alcohol and Other Drug Program (Information), Kuranda Neighbourhood Centre (BBQ) and live music by Lunar Solarmoon and Friends. The day is sponsored by The Kuranda Paper, Kuranda Medical Centre and Kuranda Foodworks and no other funding is provided. It is owned by the community for locals, however if tourists happen to be in Kuranda on those days they benefit from the activities and free BBQ and fruit.

**NILS:** Please note that the No Interest Loan Scheme is back in operation. There have been some changes to the processes and requirements for documentation. It is now an online application that one of our workers will go through with you and a number of documents need to be uploaded. This may create some delays, however we will be trying to make this as smooth as possible. Thank you for your patience.



Our Kuranda Branch was delighted to hear from Secretary Colleen Blunt, that her application for a grant from the Gambling Community Benefit Fund to install Air-conditioners and a Solar System in the Kuranda Hall was successful. Installation will commence in the next few months.

Sarah MacPherson, one of our two Vice Presidents, has stepped down from being the Hall Booking Agent. Sarah has been the go-between in the Kuranda Community and CWA for many, many years – diligently caring for the Hall facility and providing generous attentiveness to those hiring. Sarah is continuing in the Role of Hall Convenor, providing oversight in the background, along with the 'Handyman' support of Paul Cordell. All that they do and have done is so greatly appreciated.

For all Hall Bookings please now contact Sandra McCorry Ph 0447 737 415.

**MELBOURNE CUP DAY** Tuesday November 5th 11.00am QCWA Hall Cnr Barang & Thongon Streets, Kuranda. Theme is SILKS AND FLOWERS. Finger food lunch • Punch • Sweeps • Raffles • Best headdress & more • Big screen provided • \$15.00 a head • Kuranda CWA Fundraiser.

RSVP Friday 1st November Sandra – Mobile 0447 737 415.

**CWA** QUEENSLAND COUNTRY WOMEN'S ASSOCIATION  
**KURANDA BRANCH**  
**IS HOSTING A**  
**SILKS AND FLOWERS THEMED**  
**MELBOURNE CUP FUNCTION**  
**WHEN: Tuesday November 5 2019 commencing**  
**at 11 am**  
**WHERE: QCWA Hall, Corner of Barang &**  
**Thongon Streets Kuranda.**  
**The day will be full of fun with a finger food**  
**luncheon, punch, sweeps, raffle,**  
**best headdress competition, and much more.**  
**Watch the Lexus 2019 Melbourne Cup with friends**  
**on the big screen**  
**\$15**  
**per person**  
**RSVP by November 1st**  
**to Sandra on**  
**0447737415**

# Kuranda Carriers

*Your Local Delivery Service*

**Cairns • Kuranda • Speewah • Koah**

**WHITEGOODS • FURNITURE • SOME HARDWARE**  
(Bunnings, OfficeWorks, Pharmacies, A-Mart. Harvey Norman etc)

*We will pick up small parcels from Cairns CBD from \$11*  
*We also do removals*



PHONE  
**0407 184 331**  
[kurandacarriers@gmail.com.au](mailto:kurandacarriers@gmail.com.au)

## Dale Mattsson – Backhoe Hire

**EXPERIENCED OWNER OPERATOR**



**Servicing Kuranda & Surrounds**  
**FOR ALL YOUR EARTHMOVING NEEDS**  
**Phone Dale**  
**0419 684 549**



# LIDS FOR KIDS

**SEND US YOUR CAPS**  
envision.org.au



**SUPPORT US ON GO FUND ME**  
www.gofundme.com/envision-hands



**Sprout Café** (The Red House 24 Coondoo Street, Kuranda) is to become a collection point for plastic bottle lids as part of the FNQ LIDS4KIDS project. This project collects suitable (see images of types here) CLEAN plastic bottle lids to be recycled into prosthetic limbs for children. For more information, see LIDS4KIDS FAR NORTH QUEENSLAND on Facebook. Check with Dei at Sprout to find out how you can become involved.

LIDS FOR KIDS WHAT LIDS CAN WE COLLECT?	LIDS FOR KIDS WHAT LIDS CAN'T WE COLLECT?
<p><b>YES</b></p>  <p>MILK WATER SOFT DRINK</p> <p><small>Check for recycle codes 2 and 4 under the lid. We cannot accept numbers 1, 3, 5 or 7. If there is NO number, still collect it.</small></p>	<p><b>NO</b></p>  <p>COFFEE LIDS OR PODS WINE POP TOPS SPREADS SAUCE</p> <p><small>Please only collect plastic lids with recycle code 2 or 4. All lids must also be the same size as a milk lid or smaller so that they fit into the shredding machines.</small></p>

**WHAT LIDS CAN WE USE?**



**Milk bottle**  
**UHT Milk**  
**Water**  
**Soft drink**

**CLEAN LIDS ONLY**

## Tree Roo Rescue and Conservation Centre Ltd

We are a non-profit organisation that rescues and rehabilitates, orphaned, injured or displaced tree kangaroos.

Unfortunately an increasing number of Lumholtz tree kangaroos are being killed by dogs and hit by cars each year.

Please donate to us and the money will go directly towards treating and caring for these beautiful animals.

If you find an injured tree kangaroo please ring us on 0427 790 694



Donate now and help us care for tree roos today

[www.treeroorecue.org.au](http://www.treeroorecue.org.au)

Visit us on 



## FNQ Wildlife Rescue Assoc. Inc.

(Established 1994)



**Caring for the region's native wildlife.**  
**Wildlife carers are all volunteers.**  
**Tax deductible donations appreciated.**  
**New members welcome.**

Tel: 07 4053 4467 (24 hrs)

Email: [fnqwr@bigpond.com](mailto:fnqwr@bigpond.com)



Next to The Professionals in the Kuranda Settlement Building  
Locally owned and operated by Fay Allen BCom CA

## PROFESSIONAL TAX RETURNS

Hours: 9:00-5:00 Monday to Friday

Providing the following professional services:

- Individual Tax Returns
- Business
- GST and BAS Preparation
- Partnerships, Companies and Trusts
- Self Managed Superannuation Funds
- Business Setup Advice (first consultation free)
- Entity Structure Advice
- Association Audits
- Bookkeeping

Phone 4093 8222 Fax 4093 8794

Email: [info@kurandavillageaccountancy.com.au](mailto:info@kurandavillageaccountancy.com.au)

Web: [www.kurandavillageaccountancy.com.au](http://www.kurandavillageaccountancy.com.au)



# DESIGNER ~~CEREALS~~ *your own*

So much goodness can be found in a bowl of muesli or granola and it's a great, convenient way to start your day with a power lift. A quick walk through the cereal aisle of any store will throw up more options than you probably have days to taste them all. And these designer cereals often come with a designer price tag! A very satisfying alternative is to DIY healthy breakfast cereals – be they muesli or granola. This way you get just what you want, can vary it to suit other family members and know it is fresh...and a fraction of the cost of a fancy package.

The main difference between muesli and granola is that while both are made up of grains, nuts, seeds and dried fruits, muesli is usually (but not always) unbaked while granola is baked along with an oil to bind the ingredients together to form clumps or clusters. Granola usually has an added sugar or syrup but you can leave this out or greatly reduce it by adding more dried fruit.

Both are traditionally made with rolled oats, although other grains can be used or you can do away with grains altogether. Both can and do often include ingredients of the crunchy and chewy variety such as chopped nuts, toasted seeds, dried fruit like raisins, cranberries, figs, dates, apricots, and cherries and seeds such as sesame, chia, and flax as well as toasted coconut chips or flakes.

Granola has enough moisture in it to be able to be used on top of fresh fruit with or without a milk or yoghurt addition, but muesli is usually far too dry to not need some liquid, preferably soaked for some time. A great tip is to prepare muesli "Swiss style". Portion out 2/3 cup of muesli into a small lidded jar, cover with 2/3 cup milk or milk alternative, screw on the lid, and refrigerate overnight. You can add frozen berries for a summer pudding style touch. If you're a fan of chia pudding, throw some chia seeds on top too, which will plump in the milk overnight. In the morning, you're left with a chilled, soaked, softened muesli that's especially refreshing in the summer. *Enjoy, Queenobears.*

**Basic Muesli Formula:** 4 cups grains + 1 1/2 cups nuts/seeds + 1/2 cup dried fruit. Grains: Rolled oats, wheat bran, whole rye, whole barley, sorghum flakes, quinoa flakes, millet puffs, millet flakes etc. Nuts/seeds: Sliced almonds, walnuts, cashews, pecans, pistachios, hazelnuts, sunflower seeds, pepitas, chia seeds, poppy seeds, sesame seeds, unsweetened coconut flakes etc. Dried fruit: Dried apricots, dried cherries, dried figs, raisins, golden raisins, currants, apple chips etc. Mix everything and store in air tight container.

## Ginger-Orange Granola

(vegan) via [simple-veganista.com](http://simple-veganista.com)

An easy granola recipe with flavours of ginger, orange and coconut. Makes a great healthy snack or breakfast, and travels

well too! *Makes 4 cups.*

**Ingredients:** 2 1/2 cups rolled oats, 2/3 cup raw almonds, 1/2 cup raw sunflower seeds, 1/3 cup coconut (flakes or shredded), 3 tbspsns sesame seeds, 3 tbspsns hemp hearts, ground flax seeds or chia seeds, 1 heaping tspn ground ginger, 1/2 tspn cinnamon, pinch of salt (optional), zest of 1-2 oranges chopped, 2/3 cup pure maple syrup (or 3 tbspsns of pure coconut oil and add a little sugar of your choice or omit sugar).

**Method:** Preheat oven to 135°C. Line a rimmed baking sheet with parchment or silicone mat, or lightly grease with coconut oil. Mix all of your dry ingredients except coconut together in a large mixing bowl. Pour the maple syrup or oil/sugar mix over the top and mix well to coat. Spread the granola in a single layer on baking sheet (you might need two sheets). Place sheets in oven and cook for 30-40 minutes, stirring every 10 minutes or so to ensure even toasting. When golden add coconut and cook for a little longer taking care not to burn. Once done, remove from oven, let cool completely, granola will stiffen as it cools. Keep leftovers in an airtight container for up to a month.

## Simple Grain-Free Granola

(vegan, GLUTEN FREE) via [minimalistbaker.com](http://minimalistbaker.com)

*Makes 5 cups*

**Ingredients:** 1/2 cup unsweetened coconut flakes, 2 cups slivered or chopped raw almonds, 1/4 cup raw pecans, 1 cup raw walnuts, 3 tbspsns chia seeds, 1 tbspsn flaxseed meal, 1 1/2 tsp ground cinnamon (optional), 2 tbspsns coconut, cane, rapadura or muscavado sugar (optional or reduce amounts), 1/4 tspn sea salt (optional), 3 tbspsns coconut or olive oil, 1/3 scant cup maple or agave syrup (or honey if not vegan), 1/4 cup dried blueberries (optional or other dried fruit), 1/4 cup sunflower or pepita seeds.

**Method:** Preheat oven to 162°C and position a rack in the centre of the oven. In a large mixing bowl, combine nuts, chia seeds, flax seed, cinnamon, coconut sugar, and salt. Hold coconut flakes and any fruit back until almost the end of cooking to avoid burning. Warm coconut oil if necessary to obtain a liquid, mix the coconut oil and syrup and pour over the dry ingredients and mix well. Spread the mixture evenly onto a large baking sheet (may require two depending on size) and bake for 20 minutes. Then remove from oven, add coconut and dried fruit and stir. Return to oven for another 5-8 minutes, or until golden brown. The coconut oil will help this granola crisp up nicely, but be sure to watch it carefully as it browns quickly. Remove from the oven and let cool completely. Once cool, store in a container with an air-tight seal, and it should keep for up to a month.



Grain-Free Granola image by [minimalistbaker.com](http://minimalistbaker.com)

## GOLDEN ACRES

SLASHING  
4X4 TRACTOR

MOWING  
5 ACRES  
NORMAL  
MOWING IN  
2-3 HOURS

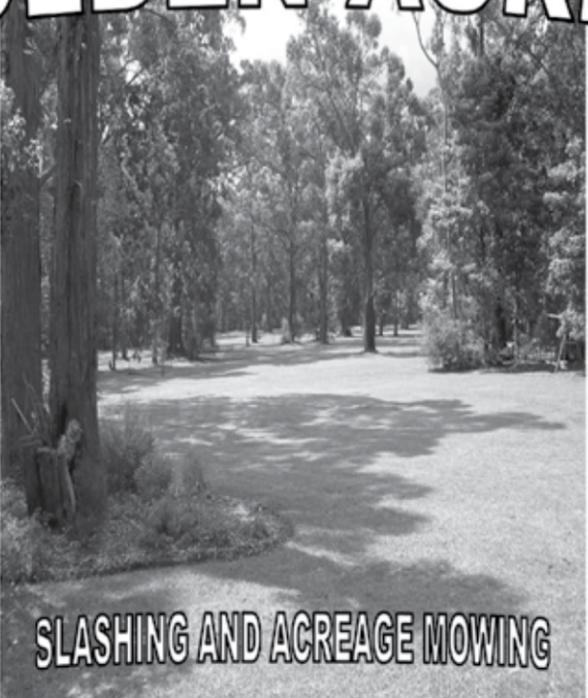
SLOPING GROUND  
IS NO PROBLEM

GARDENING

RUBBISH REMOVAL  
AND CLEANUPS

FULL BLOCK  
MAINTENANCE  
AT  
AFFORDABLE  
PRICES  
FOR A FREE  
QUOTE  
CALL  
BRUNO  
OR  
SALLY  
40930133 OR  
0428717820

REGISTERED  
AND  
INSURED



SLASHING AND ACREAGE MOWING

## Kuranda RAW MATERIALS

**OPEN 7 DAYS**

• SAND • SOIL • STONE

• MULCHES & RAW MATERIALS

*All Your Earthmoving & Raw Material Needs.*

**Larger Orders, Discounts Apply**



*Servicing All Areas*

Office 40937247 Yard 0419 705 005  
47 Myola Rd Kuranda 4881





# update



### Barron Falls Walking Trail

Work is set to start by the end of the year on the much-anticipated Barron Falls Walking Trail. The 2.8km track will connect the Kuranda Village with the Barron Falls lookout. The project is part of the Kuranda Township and Infrastructure Master Plan 2010-2020 and will be funded under the Kuranda Infrastructure Agreement. Works will include the establishment of a walking trail, including stairways, boardwalks and bridges.

### The Mayor's Christmas Appeal is Now Open

Assistance is available for those that need a little help over the festive season. Applications for assistance can be made through the Kuranda Neighbourhood Centre (4093 8933) and close Tuesday 10th December 2019 and food vouchers will be distributed in time for Christmas.

### Gregory Terrace Park Upgrade

Council has ordered new playground equipment for Gregory Terrace Park in Kuranda. The existing equipment is being inspected weekly to ensure the playground is safe for children to use.

The rope climbing ladders and slippery slide have reached the end of their useful life and the play equipment will be removed from the park in mid-October. The sand softfall will remain in place until the new equipment arrives and will also be replaced.

### Australia Day Awards

Nominations are open for Council's annual Australia Day Awards. I strongly encourage you to nominate someone in your local community, maybe your neighbour or volunteer who has made a positive impact in the community. Nominations are also open to sporting clubs or community organisations or events. Nominations can be made online on Council's website or forms are available at the Kuranda Library.

### Barang Street Sewer Pump Station

The Barang Street Sewer Pump Station Capacity Upgrade Project is nearing completion. The pump station is near the Jumrum rainforest walking trail and the upgrade will prevent overflows onto the trail and into the Creek.

Cr Kevin Davies

## Local Politician Passes

The Honourable Martin (James) Tenni OAM passed away on Sunday 20th October 2019, following a fall at home. Mr Tenni, served as a councillor and then Chairman of the Mareeba Shire Council before moving to State politics as the Member for Barron River. He retired from State politics in 1989.

Starting his working life at the early age of 14 years with Northern Builders Supplies in Cairns, he became manager of their hardware store and joinery factory in Mareeba in 1961. In 1964 Martin left Northern Builders and formed a company called Tenni's Hardware Pty Ltd, Mareeba which later grew to five stores, Mareeba, three in Cairns and one in Cooktown. He leaves behind an impressive record of public service. He was awarded an Order of Australia in June this year. He is survived by his wife Dawn, son and daughter, grandchildren and great grandchildren.

### Local Government Service:

Chairman, Mareeba Shire Council, 1973 to 1974; Councillor, Mareeba Shire Council, 1970 to 1973  
Member for Barron River 1974 to 1989

### Parliamentary Service:

Minister for Northern Development 1989  
Minister for Mines and Energy 1987 to 1989  
Minister for Water Resources and Maritime Services 1986 to 1987  
Minister for Environment, Valuation and Administrative Services 1983 to 1986  
Member, Refreshment Rooms Committee 1981 to 1983  
Member, Parliamentary Delegation to Singapore, Malaysia, Japan and South Pacific 1978

### Notes:

Interests include fishing, camping and growing exotic tropical fruits. President, Mareeba Chamber of Commerce. Chairman, state school P&C. Secretary, Mareeba Rostrum Club. Chairman, Tenni Hardware Pty Ltd. Member: RSL Club and International Club. Director, Chaps Hardware and Raintree's Hardware, Cairns.

### Sources:

Image sourced from the collection of the Queensland Parliamentary Library and Research Service; Waterson, DB, *A Biographical Register of the Queensland Parliament: 1981-1992.*



# KURANDA EARTHWORKS KURANDA TREE SERVICES

## Ph 4093 9556

[www.kurandagroup.com.au](http://www.kurandagroup.com.au)

email: [info@kurandagroup.com.au](mailto:info@kurandagroup.com.au)

Get a "FREE Quote" today on your affordable Driveway, Building Site, Dams, Culverts, Landscaping, Rock Works, Bush/Sports Tracks & More

QUALITY COMPACTABLE DRIVEWAY MATERIAL DIRECT FROM THE QUARRY

"All Operators are fully certified and your property is protected by our \$20,000,000 liability insurance"

\* WE WON'T BE BEATEN ON PRICE.

\* ASK US ABOUT OUR SENIOR DISCOUNTS

TIME TO CONSIDER YOUR PRE-CYCLONE AND WET SEASON PREPARATION

Specialists in Tree Health and Surgery, Pruning, Site Clearing, Wood Chipping and Stump Removal

YOUR LOCAL SPECIALIST IN COST EFFECTIVE TREE WORKS

SUPPORT LOCAL BUSINESSES





**Kuranda District State College** held the inaugural Interschool NAIDOC Challenge (Touch Football) on Friday 20th September. Schools from around the Cairns and Tablelands district were invited to attend the event. Trinity Bay SHS were able to bring three teams – one junior teams and two senior teams. The students from Kuranda DSC had one junior team and two senior teams.

It was a magnificent day with all students participating and playing. There were some great displays of teamwork, communication and leadership. The day started off with a welcome to country and traditional dancing. Before the finals, the referees selected 12 students from the junior teams and 12 students from the senior teams to play in the super round. It was great to see students coming together from all the different schools playing alongside each other.

At the end of the day, Trinity Bay were just too good and took out both the Junior and Senior awards. They were presented with their Interschool NAIDOC Challenge trophies, kindly donated by local business Aboriginal Steel Art.

The challenge received some great feedback from the schools that were involved. Trinity Bay SHS “Very well organised and thank you for inviting us. We look forward to participating in event next year” Mareeba SHS “Our students thoroughly enjoyed the day. Thank you for a great event”. Kuranda District State College would like to thank the grounds staff for preparing the fields for the day, the schools staff and students who were involved, the referees from Northern Pride and past students for giving up their time to assist on the day.

We are excited and looking forward to the event in 2020!



*To sell or not to sell; that is the question!*  
(pardon the pun)

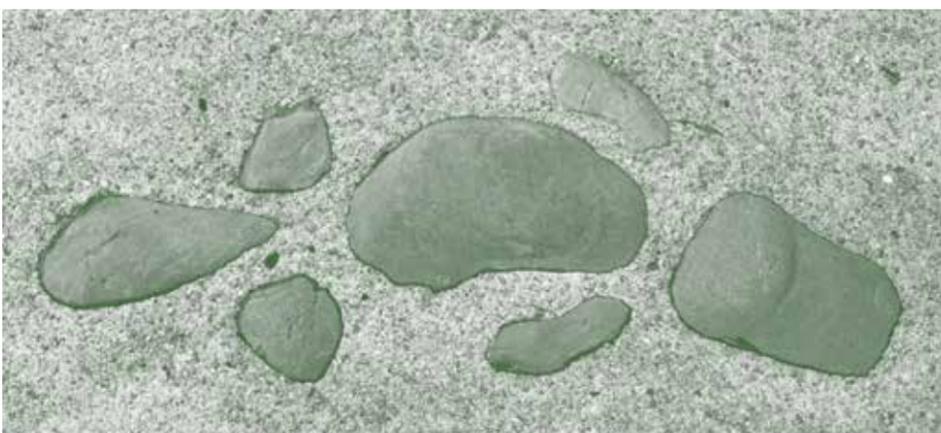


**To verify if it is worthwhile, please call for an update on your property's current market value at no obligation.**

**I will appreciate your call.**

Gunther  
Raine & Horne  
Kuranda Representative  
**0421 768 522**  
gunther@rhpc.com.au

**Raine & Horne**



In June 2019, our school underwent the national quality assessment and rating process for the kindergarten. An overall rating of **EXCEEDING** the National standard was achieved- the highest standard that can be awarded .



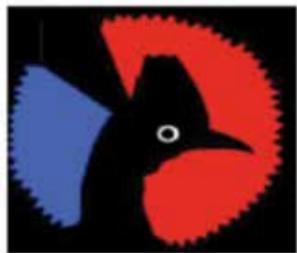
We offer a quality child-centred and developmentally responsive education program across the years.

We are taking enrolments for 2020 for kindergarten, primary classes and class 7 & 8.

School tours are run by the Education Coordinator on Wednesday mornings, bookings are essential .

4093 8809





**KURANDA**  
**conservation**  
**COMMUNITY NURSERY Inc**

1 Pademelon Lane, Kuranda 4881 Phone: 4093 8834  
Email: kurandaconservation@hotmail.com Website: www.kurandaconservation.org

The KCons community nursery is nearly always open at 1 Pademelon Lane (cnr Fallon Rd and Kennedy Hwy).

*With a spot of wet weather, everything's gone green. While we water the nursery plants every day, there's nothing like rain to kick them along. Sales have been slow for several months but the rain has stirred up the gardeners too with a steady stream of people now inspired to dig the dirt. The nursery is open most of the time.*

**\*\* Box trailers for hire: 4093 8834 \*\***

Two sturdy trailers ready to go



**GARDENING AUSTRALIA**

We finally got to see the outcome of 11 hours of filming about 12 months ago and we're pretty pleased with ourselves. One of the highlights of the clip was Jax plunging her hand into the bucket of cassowary poo and examining the seeds. It was met with mixed reactions nationally. Her own granddaughter gagged over her breakfast while others were both horrified and interested.

The show was also good for Kuranda with some inquiries from tourists planning to come to Kuranda in the Wet Tropics for next year's holiday. Our nursery team got a good airing with a lot of giggles as we replayed the clip many times over.

Good for Kuranda Conservation, good for Kuranda and good for cassowaries.

**DEFORESTATION** has a major effect on climate. The amount of trees that have been removed from the surface of the planet is astounding. Africa, Indonesia, Amazon, Australia, Europe and everywhere in between. Trees generate rain. When we look at the bare, parched paddocks occurring in this long drought, do we make the connection between the loss of trees and the present situation we are in? Maybe we should.

The Wet Tropics we live in is a miniscule plot of diverse vegetation that becomes more and more precious by the day.

**Unfortunately our political masters, local and nationally, still don't get it** and allow destruction of our trees and therefore our waterways, air quality and life quality. They still bow deeply to the "money god" in spite of all the signs that say we're **"GOING THE WRONG WAY. GO BACK"**. Good news: **You can change this by planting one tree.**

**IF YOU SPOT A CASSOWARY ON YOUR PROPERTY, or TRYING TO CROSS A ROAD or IN TROUBLE, PLEASE GIVE US A CALL on 4093 8834**

**BUMBLEBEE MOTORS**



We Stock & Sell Batteries For:

- Automotive – All Makes, All Models Motor Cycles
- Generators
- Deep Cycle
- Solar
- Dual Battery Systems

**Bumblebee Motors**

Book your car in at  
bumblebeemotors@bigpond.com



Competitive Pricing On All Mechanical Services  
Tyres At A Price You Can Afford  
Wheel Alignments  
Servicing Of All Makes And Models  
Advice You Can Be Assured Of

**Barang Street • Kuranda**  
**Phone/Fax 4093 9235**

**Koah Automotive**

- Safety Certificates on cars, trucks, trailers and motorcycles
- Airconditioning repairs and servicing
- General mechanical repairs
- EFI diagnostics and servicing
- Log book servicing
- LPG installation & repairs

Please like us on Facebook @koahautomotive

We Stock & Sell Batteries For:  
Automotive – All Makes, All Models Motor Cycles  
Generators • Deep Cycle  
Solar • Dual Battery Systems

Phone 4093 7993  
Lot 2 Koah Road, Koah Qld 4881  
Fax 4093 7993

Operated by  
Koah Automotive



**Great Northern Clean Up Australia**



*A short notice experiment – a usual 15 minute walk took 7 people 1 hour to collect over 500 items of rubbish from a river flood zone.*

A big thank you to those who responded to the very short notice cleanup. Our ages ranged from 8 to 80. It would be great to have a concerted effort next year to clean up

our favourite wild places away from and near to the river. Please register your favourite place for a cleanup, even your local roadside or join one planned. Could you organise your neighbours/friends so we could have at least 10 teams out next year in Mareeba Shire. Register by Googling Clean Up Australia Day 2020. It's their 30th year next year.



**Native Swamp Hibiscus**  
*Heterophyllus diversifolia*

Budding strongly and blooming daily, usually has white blooms but this colour sport is deep mauve. Flowering now. Loves damp spots. Plants can become sparse with age but prune back by about one-third to maintain a bushy shape. Prefers full sun or light shade. Height 1-2m. A few available at Myola road nursery.

**Special Speaker meeting**

**Tuesday 5th November 7.00**

Edward Bell, Bat Surveying Cape York 2019

Cathy Retter, Biosecurity risks facing Australia at Kuranda Recreation Centre, Fallon Road, followed by light supper

**Edward Bell** has recently returned from bat surveying in Cape York. He'll talk about the techniques they used for surveying and his observations aided by his recent photos.

**Cathy Retter** was sponsored to a national Biosecurity Forum in August. She reports on some of the key environmental risks facing Australia and how we, the public, play an important role in the frontline defence of our lifestyles and our livelihoods.



**Cain Creek Restoration Project commencing**

The small Kuranda tree frog population on Cain creek is set to get a boost through the generosity of a State government Community Sustainability Action Round 3 grant. We'll commence with restoration of forest buffers and investigate further rehabilitation of the creek, starting with our first private landholder and expanding from there. Workshops and community plantings are planned over 3 years. Any landholders adjoining Cain creek or Owen creek who are interested in discussing what is planned and how they could benefit from being involved please contact Cathy on 0419 624 940.

**STOP PRESS**

**Majority of councillors approve 46 lot subdivision at 112 Barnwell Road**

without the developer providing or making reference to any ecological study. It seems 467 pages on site Flora and Fauna of available in the Kur World EIS with 44 pages dedicated to the survey of the Kuranda Tree frog was not relevant? Council have conditioned that an ecological report be provided before any Operational Works permit is granted. Covenants are also in the conditions (but no master plan showing detail was provided). The Developer must now satisfy the Federal Government EPBC Act for threatened species in particular for Kuranda Tree Frog and Southern Cassowary. Meanwhile a Chuffed fundraising campaign by Kur Alert plans to obtain a legal opinion regarding opportunities to challenge the approval.

**Date Claimers**

- Tuesday 5th November 7.00pm Speaker meeting Kuranda Rec Centre – Edward Bell on Cape York Bat Surveys and Cathy Retter on Australian Biosecurity risks from a National Forum.
- Friday 8th to 17th November. National Frog week. Download the Frog Id app and get those frog call recordings rolling in.
- Saturday 16th November 4pm to 8pm FREE Frog Call Identification and Monitoring Workshop. Pizza and salad provided! To book your spot and obtain more details email [info@envirocare.org.au](mailto:info@envirocare.org.au).
- Saturday Conservation activities – Watering and Maintenance for this month. Meet at nursery 284 Myola Road at 7.30am. Call Cathy on 0419 624 940. Email [info@envirocare.org.au](mailto:info@envirocare.org.au) to be placed on the regular email list.

**Become a Member, Borrow the Box Trailer. All plugs catered for. Ring Hans on 0459 978 842 to book**

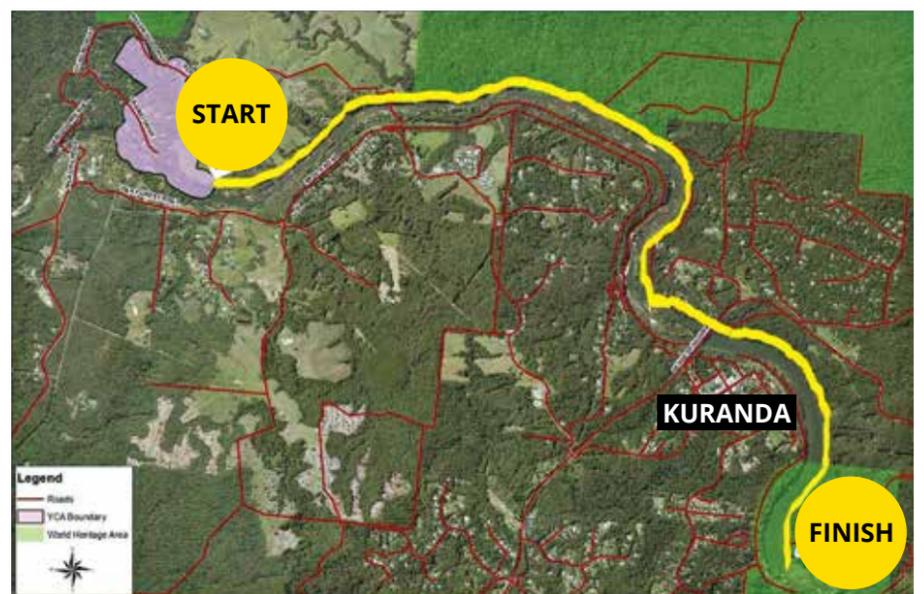
[www.envirocare.org.au](http://www.envirocare.org.au)

[info@envirocare.org.au](mailto:info@envirocare.org.au)



**Luring for yellow crazy ants along the Barron River**

Field officers from the Yellow Crazy Ant Eradication Program and the Bulmba Rangers are teaming up to survey the north side of the Barron River from Russett Park to the weir in early to mid-November. The purpose of the survey is to detect any yellow crazy ants that may have washed downstream from the infestation site at Russett Park during this year's flood.



Survey of the north side of the Barron River from Russett Park to the weir. Note: The yellow line is not to scale.

The field survey will place lures of cat food and jam along the river bank to attract foraging ants and collect them an hour later. Survey teams will traverse the river esplanade by foot and in canoes. Any suspect ants will be sampled for identification by the program's monitoring team.

The survey will be conducted in early to mid-November and the Yellow Crazy Ant Community Taskforce will notify Black Mountain Road residents living downstream along the Barron River a few days beforehand.

Taskforce members are welcome to participate in this event and can notify the YCA Community Taskforce coordinator Ciara Bridgland on **0411 194 720** or email [yca.ciara@gmail.com](mailto:yca.ciara@gmail.com) to join in.



Lure survey using cat food and jam.

**Join the resist-ants**

- Yellow Crazy Ant Community Taskforce
- [envirocare.org.au/yellow-crazy-ants-taskforce](http://envirocare.org.au/yellow-crazy-ants-taskforce)
- [yca.ciara@gmail.com](mailto:yca.ciara@gmail.com)



# NGAWU, NGANYA, NGAYANG

## I, ME, MY

G G N G A Y A N U M N Y U R R A N M T L D M Z  
 U U G V Z Y Z G U D J U M B A R R A N Y A M B  
 D D U N G A N Y D J I N U M N G A N Y D J I N  
 J J L N Y I R R A N G G U G U D J A N G U N R  
 U U U N G A Y A N G N Y U R R A M B A N D L B  
 M M M G U L U M B A R R A N Y D J U M Q R B N  
 B B B G U D J U M B A R R A Y N G U N D X P N  
 A A A U G U D J U M B A R R A Y G U L U N D A  
 R R R L N Y U R R A M B A N U M N G A Y A N Y  
 R R R U G U L U M B A R R A Y G U D J A N D A  
 A A A M N Y U R R A M B A N D A N G A N Y A T  
 Y N Y B N Y U R R A M B A N Y G U L U N G G U  
 N Y N A G U D J I N G A N Y D J I N Y J R L B  
 G D G R G U D J A N G G U N G A W U N G G U W  
 U J U R N Y U R R A M B A N Y U R R A N D A G  
 N U N A N G A N Y D J I N G A Y A N D A X X D  
 D D D N D J U U N D A D J U U N U M D J U U N  
 A G A Y N Y U R R A N G A W U D J U U W G M X  
 Z B L A G U L U B X M P Y J V Y Z D R N L J R

## Word Search

(Please note: some words may share letters)

DJUJ  
 DJUUN  
 DJUUNDA  
 DJUUNUM  
 GUDJANDA  
 GUDJANGGU  
 GUDJANGUN  
 GUDJI  
 GUDJUMBARRANYA  
 GUDJUMBARRANY-  
 DJU  
 GUDJUMBARRAY  
 GUDJUMBARRAYN-  
 GUN  
 GUDJUMBARRAYN-  
 GUNDA  
 GULU  
 GULUMBARRANYA  
 GULUMBARRANYDJU  
 GULUMBARRAY  
 GULUMBARRAYN-  
 GUNDA  
 GULUNDA  
 GULUNGGU  
 NGANYA  
 NGANYDJI  
 NGANYDJIN  
 NGANYDJINUM  
 NGANYDJINY  
 NGAWU  
 NGAWUNGGU  
 NGAYANDA  
 NGAYANG  
 NGAYANUM  
 NGAYANY  
 NYIRRANGGU  
 NYURRA  
 NYURRAMBA  
 NYURRAMBAN  
 NYURRAMBANDA  
 NYURRAMBANUM  
 NYURRAMBANY  
 NYURRAN  
 NYURRANDA

## NGAWU, NGANYA, NGAYANG

### I, ME, MY

**DJUJ**: who. **Djuj gudji bama djanang gundii?** Who is that man standing there?

**DJUUN**: whose. **Gulaay gambi djuun?** Whose are these clothes?

**DJUUNDA**: with whom/to whom. **Djuunda nyurra buwal bugany bugaadjala?** Who were you talking to last night?

**DJUUNUM**: from whom. **Nyurra djuunum maa dugany?** Who did you get the food from?

**GUDJANDA**: to that one/him/her (give, show or tell something to). **Gudjanda guyu waan!** Give him/her a fish!

**GUDJANGGU**: he/she/it/that one there. **Gudjanggu nganya duul.** He (that one there) is hitting me.

**GUDJANGUN**: his/hers/its. **Gudjangun gambi ginydjun.** His clothes are wet.

**GUDJI**: that one/he/she/it. **Gudji bama nyinang ganaa djulbin-da, djadu-la.** That person is sitting under the tree, in the shade.

**GUDJUMBARRANYA**: them (there). **Ngawu gudjumbarranya ngundal djala-bagirr wuruu-la.** I see them on the other side of the river.

**GUDJUMBARRANYDJU**: those ones/they (doing something to someone or something).

**Gudjumbarranydju guyu dugal wuruu-la.** They (there) are catching fish in the river.

**GUDJUMBARRAY**: those ones/they (there).

**Gudjumbarray wurumba wunang.** Those ones there are sleeping.

**GUDJUMBARRAYNGUN**: their. **Bibunbay gudjumbarray-ngun bina mirri.** Their children are sensible.

**GUDJUMBARRAYNGUNDA**: to them. **Minya waan gudjumbarray-ngunda.** Give them minya (meat/fish).

**GULU**: this/he/she/it (here). **Gulu banydjil djinaa-la-galing.** This girl/woman/female is going on foot.

**GULUMBARRANYA**: them(here). **Ngawu gudjumbarranya ngundal djundaya.** I see them dancing.

**GULUMBARRANYDJU**: these ones, they (doing something to someone or something).

**Gulumbarranydju guyu dugal-a-galing.** They are going to catch fish.

**GULUMBARRAY**: these ones here, they.

**Gulumbarray garra-garra-da-ng.** They are coming together.

**GULUMBARRAYNGUNDA**: to them. **Gulumbarray-ngunda bana waan!** Give them water!

**GULUNDA**: to this one/to her/to him (here). **Gulunda bana waan!** Give this one water!

**GULUNGGU**: this one/he/she (doing something to someone or something). **Gulunggu gurraa duuny. He hit the dog.**

**NGANYA**: me. **Gari nganya duu!** Don't hit me!

**NGANYDJI**: we. **Nganydji galing-ala.** We're going now.

**NGANYDJIN**: our. **Nganydjini maa minya-djada.** Our non-meat and flesh food.

**NGANYDJINUM**: from us. **Gulun ngabi nyinggarra nganydjinum nyurramban.gu.** Here are plenty of eels from us for you.

**NGANYDJINY**: us. **Gari nganydjiny maraa baga!** Don't punch us!

**NGAWU**: I. **Ngawu nyinay-galing.** I'm going to sit down.

**NGAWUNGGU**: I (the one doing an action to someone or something). **Ngawunggu nyurrany duulna.** I'll hit you.

**NGAYANDA**: me (being given or told something or shown something). **Ngayanda bana waan, mugu!** Give me water, please!

**NGAYANG**: my/mine. **Ngayang Bama ngayang Bulmba.** My People my Country/World/Home/Time

**NGAYANUM**: from me. **Djimimdjala! Nyurra walba dugany ngayanum.** Thief! You took money from me.

**NGAYANY**: 'self' The reflexive pronoun is the same for all persons. **Nyurra gandany ngayany.** You burned yourself.

**NYIRRANGGU**: what. **Nyirrangu nyurrany bayany?** What bit you?

**NYURRA**: you. **Nyurra galing Gimunyda bugaa-Inda.** You are going to Gimuy (Cairns) tonight.

**NYURRAMBA**: you (more than one). **Djrri nyurramba?** How are you all?

**NYURRAMBAN**: your (possessive pronoun when speaking to more than one person). **Nyurramban buda magari!** Pick up your blankets!

**NYURRAMBANDA**: to you all (when told something or given or shown something). **Ngawu nyurrambanda djumburru nyiwul guyiny.** I showed you the one track.

**NYURRAMBANUM**: from you (all). **Djuunggu walba dugany nyurrambanum?** Who took the walba from you all?

**NYURRAMBANY**: you (plural and object of transitive verb). **Nganydji nyurrambany ngundal.** We see you all.

**NYURRAN**: your. **Nyurran gambi magari!** Pick up your clothes!

**NYURRANDA**: to you (to tell you, give to you or show you). **Ngawu nyurranda walba waana nguma.** I'll give you money tomorrow. **Gari wudji-nggu ngaa!** Don't tell lies!

## NGIRRMA EXPLANATION AND BACKGROUND

The Bama (people) of this area (bulmba) shared a common ngirrma, language.

The Djabuganydji, Bulwanydji, Nyagali, Yirrganydji and Gulunydji have lived here for millennia. The Djabuganydji called it Djabugay. The Bulwanydji called it Bulway. The Yirrganydji on the coast called it Yirrgay. The 'ay' sound at the end of these words sounds like the archaic English word 'aye' for yes.

Some of their stories go way back in time. The Djabuganydji believe that once their hunting grounds stretched to the Barrier Reef. At the end of the last ice age there was a rise in sea-level that pushed the people back inland and created the present shoreline. Nowhere else in the world have people been able to reside continuously in one place for so long, passing on their stories to the present day.

The actual word 'bulmba' has many meanings: home, camping ground, territory, the weather and the authority of the elders, upholders of the Law. This bulmba is constantly changing, depending on the time of the year, the season and the weather.

Thanks to the Bulmba Rangers for help with selection of wordsearch words and to the Djabugay Tribal Aboriginal Corporations for their work in preserving the area's linguistic inheritance.

— Michael Quinn

## DJABUGAY

### A guide to the pronunciation of Djabugay words

#### Vowel Sounds

/a/ is pronounced as the vowel in the (English) words "some, "come". eg **bama** (person)

/a:/ is pronounced like the /a/ sound in "father" but longer. eg **buda:dji** (carpet snake)

/i/ is pronounced like the /i/ in the word "bin". eg **bina** (ear)

/i:/ the vowel sound is lengthened and pronounced like the vowel sound in "heat", "beat", "feet". eg **biri**: (again)

/u/ is pronounced as the vowel sound in the English word "book". eg **mu**du (back)

/u:/ the vowel is lengthened and pronounced as the vowel sound in the words "good", "tool", "rule". eg **dju**ngguu: (behind)

#### Consonants

/dj/ The sound is like a /d/ and a /j/ pronounced simultaneously, eg **djulbin** (tree)

/g/ is pronounced as in the word "gun". eg **gindan** (moon)

/r/ a trilled, or rolled /r/ as in Scottish pronunciation of the word "sporrán". eg **burra-y** (to fly)

/r/ as in the American pronunciation of /r/ in car. eg **biri** (fire)

/ny/ is like the initial /n/ in onion, like an /n/ and a /y/ pronounced simultaneously eg **nyurra** (you)

/ng/ as in the word "singer" eg **bungan** (sun)

/n.g/ when you see the n.g broken by a stop do not run the two sounds together. eg **djin.gal** (sky)

/ngg/ is pronounced as the ng sound in the word "finger". eg **nyinggarra** (eel)

/ay/ is generally pronounced as in the English word "eye". eg **Djabugay**

#### Stress

When saying Djabugay words which syllables should we stress? In words of two syllables the first syllable is stressed. eg **bina** (ear)

In words of three syllables the first syllable is stressed. eg **gan**yarra (crocodile)

However, if a long vowel occurs in the second syllable of a word of three syllables, it is stressed. eg **buda:dji** (carpet snake)

In words with more than 3 syllables stress falls on the first syllable and on the syllable before the last one. eg **gan**yarra – **nggu** (crocodile).



**Need help with a drinking problem?**



**Ph: 1300 322 322**  
<https://aa.org.au>

*If someone in your family has a drinking problem, you can see what it is doing to them, but can you see what it is doing to you?*

**Al-Anon can help you!**

MEETINGS IN KURANDA, SMITHFIELD, CAIRNS

Phone Kate 4093 9668  
 1300 ALANON



**UNITING CHURCH IN AUSTRALIA**

**Kuranda Faith Community**  
 Ph 4093 8730

**Pastor Jan Bryde Phone 4092 1175**

Email: mareebaucminister@gmail.com

Sunday Service: 9.00am-10.00am

Corner of Rankin and Walsh Street Mareeba

*St Christopher's*  
**CATHOLIC CHURCH**  
 Barang Street, Kuranda

Our Sunday Mass held at 5.00pm  
 Mass: First Wednesday of each month at 6.00pm

**Kuranda Seventh-day Adventist Church**



Wirramoo St.

Sabbath School (all ages) - 9.30 am

Divine Service - 11 am

Services held every Saturday.  
 ALL WELCOME !!!

**Our local paper is produced by a small dedicated team consisting of writers, typesetters, artwork designers, proofreaders, administrators and paper folders.**

**The paper can only exist through the continuing support of our advertisers.**

**Please support our advertisers by referring to the paper's advertisers first before consulting local directories.**

**THE ANGLICAN CHURCH OF AUSTRALIA, ST SAVIOUR'S KURANDA**

*Invites you to Worship*

**SUNDAY**

8.00am Holy Communion (BCP)  
 9.30am Sung Eucharist  
 9.30am Sunday school  
 5.00pm Evening Prayer

**TUESDAY**

9.00am Holy Communion  
**ACTIVITIES**  
 Home Groups • Alpha

A life Worth Living • Sunday School

**POSSUM CORNER OP SHOP**

Monday to Saturday  
 8.30am to 12.30pm

**Enquiries: Chris Wright Tel 4093 8735 • Email: [wrightc@iig.com.au](mailto:wrightc@iig.com.au)**

**A Thought for November**

**T**HIS month we open our Bible to St Luke's Gospel Chapter 16 and read verses 19-31 In the passage we read about the rich man and the poor man Lazarus. In the passage Jesus asks us some questions How do we deal with our physical and tangible possessions? How do we deal with our spiritual gifts? And guess what Jesus requires an answer.

All through this chapter of Luke's Gospel Jesus is talking about us and our possessions. He says again and again that this is one of the most important relationships in our lives, and that we will be judged largely on the way we have dealt with it. He has also been saying that possessions can be both outer and inner. Our relationship to our outer possessions, from which we take so much pleasure, is only an outward sign of our relationship with our inner possessions, our spiritual riches. We can be very rich outwardly and very poor inwardly. We can be poor outwardly and rich inwardly. We can sometimes be rich both outwardly and inwardly, but only if we are prepared to be good stewards of our riches before God.

The chapter ends with Jesus telling the story of the rich man and Lazarus. On the surface it is a simple and straightforward story, and we can take a moral lesson from it about the uses of riches. But it has other levels of meaning, most certainly to the men and women of Jesus' time and nation.

To them he was presenting the rich man as an image of themselves, rich and comfortable, but irresponsible and without compassion for others. On another level Jesus was questioning his countrymen's use of their spiritual riches. They claimed a special relationship with God, but how was this spirituality seen in their actions? "Between you and us there is a great chasm." It is not that Lazarus would not go to help; he cannot go. The division is too great, and it is too late. Again, Jesus is emphasizing the way judgment takes place in human life.

We judge ourselves by making our own choices and living the consequences. When, in the story, the rich man beseeches Lazarus at least to go to his still-living brothers, the answer he gets is a terrible one. They have placed themselves beyond reach and cannot be made to hear. The terrible truth is that we can by our own patterns and choices place ourselves out of the reach of God. That will certainly not be God's wish for us, but it will nevertheless take place. We are free beings, free to make moral decisions. There is of course always a way back, but only we can choose to take it. Throughout our lives Jesus continually offers us grace to help us to choose his kingship rather than that of the tyrant in each one of us, which we know as the Self.

So, when Jesus asks us:

How do we deal with our physical and tangible possessions?

How do we deal with our spiritual gifts?

How do we answer?

**NEWS FROM ST SAVIOUR'S**

During October we celebrated two very special occasions.

On October 6th, we held our St Francis Day service with the Blessing of the Animals. Big dogs and small dogs came and even ankle biters; dogs noisy and lovable; a few chickens' other animals small and large. All the animals behaved very well. The service was held at the back of the church so everyone, mostly the owners of the pets, was able to relax. It was great to have such a wonderful enthusiastic gathering.

Our second celebration was the Harvest Festival held on the twenty first of October. On Saturday afternoon the church was decorated with all sorts of fruit and vegetables in preparation for the three services next day. On Sunday afternoon we had great afternoon tea followed by a worship service. After the service the produce was sold, and the proceeds donated to the Napali Family project in Tannen Nepal.

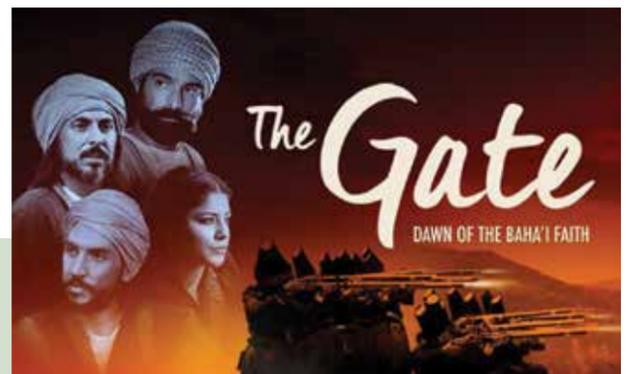


**Baha'i Thought for the Month**

Moses was persecuted and driven out into the desert; Abraham was banished; Muhammad took refuge in caves; the Bab was killed and Bahá'u'lláh was exiled and imprisoned fifty years. Yet all of them desired only fellowship and love among men. They endured hardships, suffered persecution and death for our sakes that we might be taught to love one another, be united and affiliated instead of discordant and at variance. Enough of these six thousand years which have brought such vicissitudes and hardships into the world! Now in this radiant century let us try to carry out the good pleasure of God, that we may be rescued from these things of darkness and come forth into the boundless illumination of heaven — shunning division and welcoming the divine oneness of humanity."

*(Abdu'l-Baha)*

This year 2019 is the 200th anniversary of the birth of the Bab, or "Gate" to the Prophet/Manifestation Baha'u'llah, in 1819 in old Persia, the dawn of the new Revelation that the Bab later announced in 1844. The movie "The Gate" is currently being shown in Kuranda and Mareeba on invitation. Please enquire.



**Meditations/Reflections:** all welcome to meditations on the sacred writings of the great religions, also discussion evenings, in Mareeba and Kuranda  
**Morning prayers,** each Thursday at 8.00am, near lower Therwine Street Kuranda followed by coffee, come join us  
**Study Circles** by arrangement, please feel free to enquire  
 Also regular events in Cairns, Atherton, Malanda, Tolga, Cooktown and other places  
**All enquiries welcome. Telephone 0419 632 286 /4093 9571**

*Baha'i Community of Mareeba/Kuranda*



## FREE CLASSIFIEDS – MAXIMUM UP TO 30 WORDS

For sale, lost and found and outdated entries will be deleted after one month. Repeat ads will be deleted at our discretion after two repeats. Existing *Kuranda Paper* advertisers and community groups will be prioritised for repeats depending on available space. Please submit via [mail@kurandapaper.com](mailto:mail@kurandapaper.com) or to PO Box 66 Kuranda.

**A Market Stall** inventory for sale. Jewellery and jewellery making supplies and tools. \$500 ONO. Ph 0421 881 731.

**A pirate chest:** large, old, wooden. Paid \$650, sell \$400. Filled with 25 years of metal detector targets. Ph 0421 881 731.

**Alton Mowing,** Rubbish Removal. Best prices guaranteed. Phone: text name and number to mobile 0428 948 657. If you're happy tell others. If you're not happy tell me.

**Bowen Therapy & Homeopathy** Sarah at Simply Healing 0402 804 591, [www.simplyhealing.net.au](http://www.simplyhealing.net.au) Phone for an appointment to start on the path of healing today.

**Computer Repairs:** Servicing home or business. Prompt, reliable & affordable 'no-fuss' same day come-to-you service. Cairns Computer Support. Local Kuranda based business! Ph 07 4222 1111 or visit [www.cairnscomputersupport.com.au](http://www.cairnscomputersupport.com.au)

**Curry in a Hurry at Tropical Zen,** Red House Arcade. Open 5.30-7.30pm Friday, Saturday and Sunday nights, Ceylonese Vegetarian and Meat Curries, Mondays & Tuesdays, Vegan & Vegetarian.

**Diamond Ring** with lifetime cleaning and repair by Michael Hill nationwide. Paid \$2,999, sell \$800 ONO. Ph 0421 881 731.

**Domestic cleaning,** vacate and bond. I have over 12 years experience in the industry so for all detailed quality services please contact Doreen on 0414 612 055.

**Festival of Small Halls:** Coming again to Koah Hall Wed 4th December! Get your tix @ Kuranda Information Centre or online at [iwannaticket.com.au](http://iwannaticket.com.au)

**Fresh Reef Fish** delivered to your door, Kuranda-Cairns-Mareeba. Whole or fresh filleted. Kuranda-based Pristine Reef Fish. Like us on Facebook to keep updated. Commercial fishing licence 4546. Call Richard 0407 908 375.

**Fully furnished Park Cottage** available for rent approx mid November. \$320 per week plus electricity and 2 weeks Bond. Suit 2 people and one small child. Please call Kuranda Rainforest Accommodation Park 4093 7316.

**Gift Vouchers:** Having trouble finding a gift? Why not buy a Gift Voucher from the Kuranda Arts Cooperative, 20 Coondoo Street, 4093 9026.

**Home brew kegs** 19 litre x 5 \$50 each & accessories \$50/lot. Phone 0407 677 547.

**Kuranda Arts Cooperative** has a range of unique eclectic and functional artwork that won't break the bank — buy local! 20 Coondoo Street, 4093 9026.

**Kuranda Community Kindergarten** has limited vacancies with free kindy for eligible children!

Phone: 4093 8087 Email: [kcka@westnet.com](mailto:kcka@westnet.com) Or come and see us at 14 Caroon Street.

**Local Art:** Save time travelling down the range and buy your art locally at the Kuranda Arts Cooperative, 20 Coondoo Street, 4093 9026.

**MARKETS @Koah Hall** First Saturday of each month, March-Dec. Delish BBQ Breakkie & Awesome Stalls! New stallholders welcomed Saturday 2nd November from 8am, live music HONEY TREE Ukulele Ensemble!

**Massage with Sheree Scott:** relaxation & remedial, 22 Williamson Drive, Ph 4093 9490; 0421 102 722.

**Painting Services:** Over 20 years experience, clean reliable

and affordable. Kuranda local call Alan 0452 669 447.

**Real Reflexology** in the Original Kuranda Rainforest Market 7 days – treats frozen shoulder, neck, back, hip, sciatica. Please contact Darryl 0491 150 592. HALF PRICE IF YOU MENTION THIS AD.

**Relax And Rejuvenate** in the Original Kuranda Rainforest Market with Grace! Readings, relaxation, massage! Upcycle clothes too. Wednesday to Monday 9.00am to 3.00pm. 0468 566 006

**Resume:** In Speewah, Cairns longest-running resume writing business — over thirty years' experience. Resumes, Employment Applications, web text, all forms of copy writing, editing and proofreading.

Word Factory (Suzy Grinter) Phone: 4093 0449.

**Small Land Holding Slashing and Mowing.** Reasonable rates. Obligation free quotes. Call David on 0402 141 688.

**Social Sesh** at Koah Hall! Ring a friend~bring a friend, take a friend~make a friend! Fun night for all, free to attend. Bar & meals available. To be advised.. Check out our fb page!

**Summer fashions** in all natural fibres available sizes 8-22 at Just Gorgeous. Open daily 10:15-3:45 or later by appointment. 4093 7508

**Tool boxes** for ute 2 aluminium 1 plastic \$100 each. Canvas swag & bush shower \$80. Phone 0407 677 547.

**Tree Free greeter cards** are now back in stock at Just Gorgeous. Matching envelopes for most. From thank you to sympathy there's a perfect sentiment available. Open 7 days.

**Tropical Zen Village Kitchen** for delicious Ceylonese Curries, Red House Arcade, 5.30-7.30pm. Friday-Tuesday.

**Unique designed bronze** handled wooden walking sticks. including lions, dragons, horses and more. Mention this ad to receive 15% discount. They come apart so can easily be posted as a Christmas gift very easily. Available at Just Gorgeous 16 Coondoo Street

**#wastenotwantnotstall** Got more garden goodies than you can eat? Bring them along to our stall — we sell them for you! Koah Markets, Sat 2nd Nov from 8am Rozana: 0428741350 Nicky: 0488 961 660

**Wanted to rent.** Nice affordable cottage or granny-flat, by quiet, mature, non-smoking female. I am a long term Kuranda resident and enjoy gardening and wild life. Please call 0414 491 505

**Woodworking** sash & pipe clamps \$15 each.

Phone 0407 677 547.

## JOIN YOUR LOCAL SES

Training held fortnightly  
Tuesday nights 7.30pm

Call John  
for details on  
0427 037 054

## Justice of the Peace (QUALIFIED)

Attend the  
Ngoonbi Housing Office,  
40 Coondoo Street, Kuranda.  
Hours 8.30am to 3.30pm  
Monday to Thursday  
Wendy Pritchard

## Justice of the Peace (QUALIFIED)

Please phone for appointment  
or leave a message, and I will  
get back to you.

Phone 4093 8780  
Karen McLaren

## Justice of the Peace (QUALIFIED)

Robin Anscorb  
Phone  
0409 046 932



## The Stars in November

An exciting month for Libran and Taurean Sun people. Your ruling planet, Venus, moves in Sagittarius on the first day of November, turbocharging creative, artistic, and love interests. Extravagant spending, dress-ups and binge-outs are all very likely this month. Sagittarian people, with Venus now in your Sun-sign, will be even more likely to over-indulge and drive the pleasure seeking to excess. And why not?!

With the Sun in Scorpio this month, nothing is likely to be done in a tentative way. It's all in, boots and all, into whatever you feel intense about. The full Taurus moon on 12th/13th, also Venus-ruled and reflecting a Mars-ruled Scorpio Sun, gives us all a taste of the joys of excessive indulgence. That moon also trines Pluto, Scorpio's other ruler, in the earth sign, Capricorn. Is the earth moving for you?

Saturn and Neptune both at home in the signs they rule: Capricorn and Pisces, in an opportunistic aspect (a sextile, if you want to know), keep things fairly close to being under control — just not quite... Mars in full charge out of the gentle restraints of Libra and exploding into Scorpio on 19th November will release much passion that has been, perhaps, held in check, fired up by the Leo moon and taking a fairly aggressive, militant view of how to express and deal with obsessions, so far kept under restraint. Not now! Jupiter aligns with galactic centre and the great gods roar.

The Sun joins the fire dance as it goes into Sagittarius on the 23rd and the cosmic shockwave is tangible indeed. Watch for the eruption of world events around this time. Nothing trivial here folks. A fiery Sagittarius new moon on 27th as Neptune makes a station mid-Pisces, sees the blowing away of weakened structures and the free flowing of optimistic, altruistic and truly humanitarian action. Venus into Capricorn riding the wave in trine to Uranus and it feels good to be on board.

Hang on folks and let's surf this one all the way to the mountain.

Blessings,



**Rob Hart**

Resident Astrologer & Tarot Card Reader  
Kuranda Heritage Markets  
Ph. (07) 4093 0218 & 0499 548 456

## Kuranda Paper

PHONE:

4093 8942

POST: PO Box 66  
Kuranda 4881

EMAIL: [mail@kurandapaper.com](mailto:mail@kurandapaper.com)



## RANGERS r e p o r t

### The game that never ends

A number of our Rangers across all age groups are continuing to play soccer during the off-season in the JGFA 5v5 Champions League. The competition is held at Endeavour Park, Cairns and features the big teams



Kuranda Rangers Football Club

from all international clubs. It's fast, furious and fierce!

Whilst our kids are facing tough opposition against some very skilled players, our U8s are a force in their own right. These boys are proving to be quite a powerhouse of skill, strength and determination, steamrolling their opponents with the confidence of the big guys.

Good luck to all of our Rangers who are playing.

Leo, Lincoln, Ari, James, Harlan  
and Kallum moonlighting as  
U8 Barcelona



# THE KURANDA PAPER

## Stockists of The Kuranda Paper

Our current print run is 5300. A copy is delivered to every postal box and street mail delivery in the Kuranda district (postcode 4881). If you don't currently receive a copy please contact the Kuranda Post Office. The current edition of *The Kuranda Paper* can be viewed online at [www.kurandapaper.com](http://www.kurandapaper.com), along with some back issues.

In addition you can pick up a hard copy of *The Kuranda Paper* at the following outlets:

**KURANDA:** Kuranda Post Office, Sprout Café (Coondoo Street), Kuranda Visitors Info Centre (Centenary Park), Kuranda Neighbourhood Centre (Rob Veivers Drive), Kuranda Newsagency & Discount Drugstore Pharmacy (Coondoo Street), Ngoonbi (Coondoo Street), Kuranda Library (Community Precinct Arara Street), Kuranda Foodworks (Thongon Street), Kuranda Medical Centre (Thongon Street), Bottom Pub (Arara Street), BP Service Station, Kuranda Markets (distributed via Jungle Juice)

**SPEEWAH:** Speewah Servo/Shop

**KOAH:** Koah Servo

**MAREEBA:** Mareeba Leagues Club, Piagno's News (Byrnes Street), Shell Service Station, Brumby's Bakery, Mareeba Heritage & Info Centre, Discount Drugstore Newsagent & Pharmacy (opposite Coles in Mareeba Shopping Plaza), BP Service Station, Mareeba News newsagency (Byrnes Street)

**ATHERTON:** Atherton IGA (Silo Shopping Centre)

**SMITHFIELD SHOPPING CENTRE:** Collins Booksellers

## COMMUNITY NOTICES

Mareeba  
Shire

**Kuranda Transfer Station  
Opening Times**

TUESDAYS, THURSDAYS, SATURDAYS, SUNDAYS  
8.00am to 5.00pm

### Kuranda Branch Library and Council Office

Arara Street • Phone 4093 9185

<https://msc.qld.gov.au/libraries/>

#### LIBRARY

Monday to Friday

10.00am-5.00

Saturday 9.00-12.00

#### COUNCIL SERVICES

Monday to Friday

10.00am- 4.30

Saturday closed

## Rainfall Last Month

Total month to 28 October: 79mm

September Rainfall: 2.5mm

Year to Date: 2494mm

Courtesy of Kuranda Railway Station

## Words of Wisdom from my Grandmother



*Grandma is like  
a website —  
you can't say no  
to cookies.*

## EMERGENCY CONTACTS

FIRE or other emergencies – please phone 000  
SES Flood or Storm emergencies – please phone 132 500

### RURAL FIRE BRIGADE WARDENS

First Officer Kuranda:	Baz Child 0437 746 601
First Officer Speewah:	Mick Dub 0428 820 631
Warden Kuranda:	Duncan Blakey 0408 151 199
Warden Speewah:	John Thompson 0488 988 481
Davies Creek:	4093 3181
Koah:	4232 5468
Myola:	4093 7190
Speewah:	4093 0211

**Permits required for ALL fires**

## JOHN'S KURANDA BUS "The Local Bus"

To:	Monday To Friday	Sat	Sun	P/Hol
<b>Speewah</b>				
<b>Koah</b>	*1530	*1530	1300	
	1750	1750	1750	1645
<b>Ex: Koah</b>	#0705	#0705	#0705	#0705
	#1315	#1315	#1315	
	*1550	*1550	*1550	
<b>Ex: Speewah</b>	#0710	#0710	#0710	#0710
	#1320	#1320	#1320	
	*1540	*1540	*1540	

\*SCHOOL DAYS ONLY # BOOKING REQUIRED  
NO SERVICE EASTER FRIDAY, CHRISTMAS DAY & LABOUR DAY

**Departs Bus Stop: Orchid Plaza, Abbott Street, Cairns**

Monday To Friday	Sat	Sun	P/Hol	
<b>Departs Kuranda</b>	#0720	#0720	#0720	0720
	1330	1330	1530	1530
	1530	1530		

\*1510 from Smithfield to Koah Mon to Fri SCHOOL DAYS ONLY

Monday To Friday	Sat	Sun	P/Hol	
<b>Departs Cairns</b>	**0825	0825	0825	0825
	1645	1645	**1615	1615

All services except 1000 go to Speewah & Koah if required

\*\*Mareeba

# Via Caravonica, Redlynch, Raintrees, Westcourt, TAFE, Cairns City

NO SERVICE EASTER FRIDAY, CHRISTMAS DAY & LABOUR DAY

Ph. John 0418 772 953

## Trans North Bus & Coach

### CAIRNS TO KURANDA SHUTTLE

Departs From	Shuttle Runs Daily (Except Christmas Day)				
CAIRNS Central Rail Station	6.45am	8.45am	11.30am	1.30pm	*3.00pm
CAIRNS 79 Abbott Street	6.50am	8.50am	11.35am	1.35pm	3.05pm
SMITHFIELD Bus Shelter	7.05am	9.05am	11.50am	1.50pm	3.30pm
KURANDA	7.25am	9.25am	12.10pm	2.10pm	3.55pm

### KURANDA TO CAIRNS SHUTTLE

Departs From	Shuttle Runs Daily (Except Christmas Day)				
KURANDA	*7.30am	9.30am	12.30pm	2.15pm	4.10pm
RAINFORESTATION	7.35am	9.35am	12.35pm	2.20pm	4.15pm
CAIRNS Central Rail Station	8.30am	10.15am	1.15pm	3.00pm	4.55pm

\*7.30am Shuttle via TAFE, Trinity Bay High, Cairns High - Excluding Sundays & Public Holidays

\*3.00pm Shuttle via Cairns High, TAFE, Trinity Bay High - Excluding Sundays & Public Holidays

### ATHERTON TABLELANDS TO CAIRNS

Departs From	Monday to Friday			Saturday		Sunday	
	1	2	3	1	2	*1*	**2**
ATHERTON	6.00am	9.00am	3.30pm	6.00am	9.00am	9.00am	3.30pm
MAREEBA	6.30am	9.30am	4.00pm	6.30am	9.30am	9.30am	4.00pm
SPEEWAH	6.55am	9.55am	4.25pm	6.55am	9.55am	9.55am	4.25pm
KURANDA	7.15am	10.05am	4.35pm	7.15am	10.05am	10.05am	4.35pm
CAIRNS Service Terminates	8.30am	11.15am	5.35pm	8.30am	11.15am	11.15am	5.35pm

### CAIRNS TO ATHERTON TABLELANDS

Departs From	Monday to Friday			Saturday		Sunday	
	1	2	3	1	2	*1*	**2**
CAIRNS Central Rail Station	8.45am	3.30pm	5.45pm	8.45am	3.30pm	3.30pm	5.45pm
SMITHFIELD Bus Shelter	9.00am	3.45pm	6.00pm	9.00am	3.45pm	3.45pm	6.00pm
KURANDA	9.20am	4.15pm	6.25pm	9.20am	4.15pm	4.15pm	6.25pm
SPEEWAH	9.25am	4.20pm	6.30pm	9.25am	4.20pm	4.20pm	6.30pm
MAREEBA	9.55am	4.50pm	6.55pm	9.55am	4.50pm	4.50pm	6.55pm
ATHERTON Service Terminates	10.30am	5.25pm	7.30pm	10.30am	5.25pm	5.25pm	7.30pm

PUBLIC HOLIDAYS operate on Sunday Service \*1\* Timetable  
No Sunday 4.35pm or 6.25pm Services departing KURANDA on LONG WEEKENDS  
No Services operating on CHRISTMAS DAY or GOOD FRIDAY

Information on all Trans North Services including fares, timetables & service updates are available on our website.  
[www.transnorthbus.com.au](http://www.transnorthbus.com.au)  
or by phoning 07) 4095 8644 during business hours.



Timetable effective as of 01.01.2016





# Kuranda recreation centre

Connecting our Community



## Latin American Night at the KRC Friday 8th November

Bienvenidos! Everyone to our special evening out in Kuranda. Enjoy a tasty Central and South American 3 course meal while listening to ambient Latin American tunes, followed by live music and dancing (come practice those salsa moves!). This is a family friendly event and all are welcome!

**The Jumrum bar will be open from 5.00pm downstairs on the night.** The following menu will be served on the night brought to you by our chefs at La Fonda Latina.

### MENU

**Entrée:** Pumpkin Soup (South American style) served with Cassava chips.

**Main:** Traditional chilli sin carne, ripe plantain, corn fritter, Panamanian potato and beetroot salad and avocado served with Central American Tropical Rice and our house made special chilli sauce.

**Dessert:** Cooked plantain filled with sweet guava and cheese.

**Drink:** Raspadura and lime juice

**\$28 Adults • \$15 Children (4-18) • Children 3 and under free**

**Bookings are essential: Two booking times 5.30-7:30 & 7:40-9:30pm**

**Please message through Facebook/call/ text your details to 0402 286 834 or 0432 541 338**

**Our aim is to bring the community together for a night of delicious food, music and sharing our culture. We hope you will come join us!**

**Date Claimer: Kuranda 8 Ball Association AGM, Break Up & Presentation Saturday November 23rd at the KRC**

### CONTACT US



Kuranda Recreation Centre



krc4881@gmail.com

## JOIN US

Contact us for a Membership Form.  
Complete form, make payment online and return it in person or by email.

## WHAT'S ON

**EIGHT BALL** – Tuesday Team Comp  
kuranda8ball@gmail.com

**KURANDA RANGERS** – Training  
Thursday 4.30-5.30pm (Mar–Sept only)

**PILATES** – Monday, Tuesday,  
Wednesday, Thursday, Saturday  
Jaide 0488 229 700 and Davini 0414 994 123

**TAI CHI** – Monday 6pm  
Les 4093 8276

**WING CHUN KUNG FU** –  
Wednesday 7.30pm  
Grant 0414 966 823

**YOGA FOR ALL** – Wednesday & Sunday  
Aileen 0419 726 955

Check Facebook for more details.

**JUMRUM BAR OPEN  
TUESDAY 6.30 PM**

## Venue for Hire

Licensed venue and commercial kitchen available for functions, seminars and activities. Janet 0405 092 957

Proud to be the home of:



## What's On At Koah Hall

**EVERY MONDAY – DURING TERM TIME**

Adult Circus LOVE! Fun fitness for Adults 10.30am til 12.30 pm littlies welcome

Dream BIG! Circus – 3.30 – Age 6 to 8

Show Class – 4.30pm Audition only, prepare to turn your skills into a show ready piece.

Bookings essential. Contact Sophie on mobile 0409 333 404 or info@dreamstateentertainment.com.au

**EVERY MONDAY**

PILATES with Jade 6-7pm

**EVERY TUESDAY – DURING TERM TIME**

Dream BIG! Circus – 3.45pm - Family Circus – All ages welcome.

Junior Aerial Trapeze and Silks – 5pm Age 8 and up.

Bookings essential.

Contact Sophie as above

**EVERY THURSDAY**

YOGA evening classes with Tanya 5:30-7:00pm

**EVERY 4 Weeks on A TUESDAY**

Mankind Project MEN'S GROUP - Open to All Men

7.00pm 28th November. Contact Simon 0459 755 553

**KOAH MARKETS 2nd November**

Koah Markets run first Saturday of each month from March–December

NEXT MARKET IS SAT 2TH NOV FROM 8AM TO MIDDAY, LIVE MUSIC BY "HONEY TREE" UKULELE ENSEMBLE • DELISH BBQ BREAKKIE & AWESOME STALLS! • STALL SPACES AVAILABLE • NEW STALLS ALWAYS WELCOMED!

CONTACT NICKY 0488 961 660 (LEAVE SMS OR VOICEMAIL) OR VIA KOAH MONTHLY MARKETS FACEBOOK PAGE

**FESTIVAL OF SMALL HALLS –**

**4th DECEMBER** – Koah Hall is hosting the Festival of Small Halls in conjunction with Woodford again this year. Great line up of national and international music! Tickets are on sale now and limited so don't miss out.

Get them at the Tourist Info Centre in Kuranda or online at [www.festivalofsmallhalls.com](http://www.festivalofsmallhalls.com)

Also looking for interesting handmade stalls for a market vibe to add the event.

Contact [koah.hall@gmail.com](mailto:koah.hall@gmail.com) and for volunteers to help make this event great.

Email [koah.hall@gmail.com](mailto:koah.hall@gmail.com)

[www.facebook.com/koah.hall](http://www.facebook.com/koah.hall)

Hire fees: 1-2 hrs: \$10; Half day: \$30;

Full day: \$60; Full day & Evening (24 hour block) \$110

\$200 refundable bond for one-off events (if space is left as you found it)

## Community Calendar

### Every Month

**PLEASE NOTE: For events at the Recreation Centre and the Koah Hall please see details in their columns above.**

### Every Monday:

**Kids Muay Thai:** 4.15–5.15pm All Ages: 5.30–7.00 Kuranda Community Precinct.

**Gentle Yoga** CWA Hall 8.15am for 8.30 start. Energise your life with HALS (Health Across the Life Span). Phone Aileen 4093 7401 or Sheila 4093 7617

### Every First Monday:

**Adult Board Games** 11.00am at Kuranda Library

### Every Second Monday:

**Financial Counselling** (from UCC) Kuranda Neighbourhood Centre, by appointment 4093 8933

### Every Tuesday:

**Group Fitness Class:** 5.30–6.30pm Kuranda Community Precinct.

**Texas Hold'em Poker** Cairns RSL, sign on from 11.00am, game starts 12.00 noon. Prizes for 1st, 2nd and 3rd. Call Terry (NPL) 0459 909 900

**Al-Anon** Family Groups 6pm Phone Kate 4093 9668 or 1300ALANON

**Tae Kwon Do & Self Defence** 6.30pm–8.00pm CWA Hall Phone Jeff 0437 438 196

### Second Tuesday:

**Kuranda SES Training** 7.30pm sharp at Fallon Road. Phone John Baskerville 4093 7246/0427 037 054

**Emergency Relief Help** from Mareeba Community Support Centre, Kuranda Neighbourhood Centre, by appointment 4093 8933

### Every Wednesday:

**Kids Muay Thai:** 4.15–5.15pm All Ages: 5.30–7.00 Kuranda Community Precinct.

**Social Tennis.** Join us on Wednesdays and Sundays at 5 pm at the KRC. Friendly group – just come and play, or call Gidi 0448 480 200 for details.

**Rotary Club** of Cairns Trinity 5.45pm for 6.15pm. Cairns Sheridan Hotel 295 Sheridan Street Cairns 0448 843 589

**Mah Jong** Kuranda Neighbourhood Centre 12:30- 4pm. All welcome. Ph 4093 8933

**Men's Shed** Kuranda 8.30am–11.30am Call Daryl 4093 9421 or Richard 4093 0457



### Third Wednesday:

**Craft and Social** Morning (QCWA) CWA Hall 9.00am Phone Carol 4093 7187 or Sandra 0447 737 415

### Every Thursday:

**Tae Kwon Do & Self Defence** 6.30pm–8.00pm CWA Hall Phone Jeff 0437 438 196

**Group Fitness Class:** 5.30–6.30pm Kuranda Community Precinct.

**Kuranda Rangers Soccer** training 4.30pm–5.30pm Phone Brenda 0409 639 525

**Domestic Violence Help** Kuranda Neighbourhood Centre, by appointment 4093 8933

**Baby Rhyme Time** 10.30–11.00 at Kuranda Library (during school term)

### Every Friday:

**Kids Muay Thai:** 4.15–5.15pm All Ages: 5.30–7.00 Kuranda Community Precinct.

**Story Time and Craft** 10.30–11.30 at Kuranda Library (during school term).

### Fourth Friday:

**Rotary Club** of Cairns Trinity 11.45am for 12 noon Cairns Sheridan Hotel

295 Sheridan St Cairns 0448 843 589

### Every Saturday:

**Tree Planting** Kuranda Envirocare Ph 0419 624 940 for details or check website [www.envirocare.org.au](http://www.envirocare.org.au)

**Men's Shed** Kuranda 2.00pm–5.00pm. Call Daryl 4093 9421 or Richard 4093 0457

### Third Saturday:

**Barrier Reef Sun Club** Cairns (Nudist Club) function. Phone 0473 4491 09 or check website [www.barrierreefsunclub.com](http://www.barrierreefsunclub.com) for details.

**Meditation with Horses** 10.00am Koah Phone Kaya 0429 756 701

### Every Sunday:

**Social Tennis.** Join us on Wednesdays and Sundays at 5 pm at the KRC. Friendly group – just come and play, or call Gidi 0448 480 200 for details.

**AA Group** Kuranda CWA Hall 9.30am- 11.00am

### CONTRIBUTORS:

**ACCURATE DETAILS are your responsibility.**

Please advise of any changes through e: [mail@kurandapaper.com](mailto:mail@kurandapaper.com).